

Folsom Olympic Distance Triathlon Age Group Results

2009-08-09

J-ChipUSA.com

Clydesdale & Athena Fall

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|-------------------------------------|-------------------------------------|------------|-------------------|---------------|-----------|-----------|-----------|
| 253 | Mcguire, Catherine | Oakland, CA | 32 | F | 3:27:11.1 | 1 | 1 | 6 |
| | swim (0:35:31.3) t1 (0:05:31.8) | bike (1:32:29.0) t2 (0:03:04.8) | | run (1:10:34.0) | | | | |

Clydesdale & Athena MAII

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|--|------------|------------|---------------|-----------|-----------|-----------|
| 32 | Behler, Mike swim (0:26:47.7) t1 (0:01:38.4) | Santa Rosa, CA bike (1:06:50.5) t2 (0:01:12.7) | 45 | M | 2:21:17.7 | 1 | 1 | 1 |
| 177 | Hudson, Norman swim (0:34:16.2) t1 (0:02:06.4) | Fair Oaks, CA bike (--) t2 (1:21:17.0) | 34 | M | 2:51:31.5 | 2 | 2 | 2 |
| 345 | Sherwood, Jon swim (0:39:38.7) t1 (0:03:52.7) | Placerville, CA bike (1:15:42.1) t2 (0:02:19.8) | 43 | M | 3:00:20.7 | 3 | 3 | 3 |
| 242 | Martin, Sean swim (0:25:03.8) t1 (0:03:38.9) | Pleasanton, CA bike (1:36:00.1) t2 (0:01:23.0) | 36 | M | 3:07:09.8 | 4 | 4 | 4 |
| 424 | Majewski, Jim swim (0:36:43.7) t1 (0:03:40.0) | Rescue, CA bike (1:24:54.7) t2 (0:01:49.7) | 47 | M | 3:22:26.0 | 5 | 5 | 5 |

Individual F14-19

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|---|------------|------------|---------------|-----------|-----------|-----------|
| 283 | O'Kane, Elizabeth swim (0:31:45.7) t1 (0:02:51.4) | Sacramento, CA bike (1:23:58.0) t2 (0:01:37.7) | 18 | F | 3:03:43.2 | 1 | 64 | 278 |

Individual F20-24

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|---|------------|------------|---------------|-----------|-----------|-----------|
| 84 | Chow, Amy swim (0:30:24.1) t1 (0:03:59.5) | Folsom, CA bike (1:11:57.0) t2 (0:02:11.7) | 23 | F | 2:35:29.2 | 1 | 19 | 136 |
| 393 | Williams, Mandy swim (0:27:31.3) t1 (0:02:10.1) | San Jose, CA bike (1:23:15.8) t2 (0:01:43.4) | 23 | F | 2:38:29.0 | 2 | 23 | 148 |

Individual F25-29

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|---|---|-----|-----|-----------|----|-----|-----|
| 120 | Farley, Alyssa swim (0:27:38.0) t1 (0:02:05.1) | Rancho Cordova, CA bike (1:08:38.6) t2 (0:01:20.0) | 29 | F | 2:28:40.2 | 1 | 10 | 87 |
| 57 | Burke, Galyn swim (0:28:56.1) t1 (0:02:26.6) | San Francisco, CA bike (1:11:22.7) t2 (0:01:17.1) | 26 | F | 2:31:25.3 | 2 | 13 | 111 |
| 353 | Smith, Alexia swim (0:29:52.5) t1 (0:01:53.7) | Dublin, CA bike (1:13:23.0) t2 (0:01:01.8) | 29 | F | 2:33:46.6 | 3 | 17 | 124 |
| 157 | Hall, Ashley swim (0:26:55.9) t1 (0:03:24.8) | Reno, NV bike (1:16:58.9) t2 (0:01:31.3) | 27 | F | 2:37:11.6 | 4 | 21 | 143 |
| 403 | Woodward, Lisa swim (0:26:10.3) t1 (0:04:13.3) | Folsom, CA bike (1:13:04.6) t2 (0:01:37.2) | 27 | F | 2:44:08.7 | 5 | 35 | 185 |
| 164 | Henderson, Megan swim (0:28:16.0) t1 (0:02:35.4) | Lincoln, CA bike (1:21:26.6) t2 (0:00:49.6) | 28 | F | 2:47:19.3 | 6 | 41 | 203 |
| 289 | Peck, Caralee swim (0:30:07.7) t1 (0:03:38.7) | San Francisco, CA bike (1:16:37.4) t2 (0:01:16.5) | 29 | F | 2:48:30.2 | 7 | 43 | 211 |
| 209 | Kish, Jillian swim (0:32:33.5) t1 (0:04:56.5) | Sacramento, CA bike (1:19:21.3) t2 (0:02:38.6) | 26 | F | 2:54:16.0 | 8 | 53 | 241 |
| 45 | Britton, Chelsea swim (0:34:29.3) t1 (0:02:40.4) | Placerville, CA bike (1:22:21.4) t2 (0:01:53.9) | 26 | F | 2:58:12.7 | 9 | 57 | 256 |
| 433 | Rivas-Wolf, Maria swim (0:35:51.6) t1 (0:03:16.8) | San Mateo, CA bike (--) t2 (1:34:40.3) | 29 | F | 3:04:28.8 | 10 | 67 | 281 |
| 108 | Dizikes, Cynthia swim (0:30:41.6) t1 (0:03:28.6) | Berkeley, CA bike (1:23:38.8) t2 (0:03:14.4) | 27 | F | 3:14:19.9 | 11 | 81 | 306 |
| 414 | Jennings, Michelle swim (0:23:21.3) t1 (0:02:04.2) | Folsom, CA bike (1:50:10.6) t2 (0:03:09.9) | 25 | F | 3:15:45.9 | 12 | 83 | 308 |
| 217 | Kurtz, Megan swim (0:30:37.7) t1 (0:02:21.6) | Chico, CA bike (1:32:06.9) t2 (0:01:16.7) | 29 | F | 3:24:56.3 | 13 | 91 | 324 |
| 38 | Bosque, Erica swim (0:34:58.3) t1 (0:06:09.3) | Santa Rosa, CA bike (1:34:04.2) t2 (0:04:28.9) | 26 | F | 3:25:26.3 | 14 | 92 | 326 |
| 66 | Carolla, Lindsay swim (0:32:38.0) t1 (0:08:01.3) | Folsom, CA bike (1:35:29.9) t2 (0:04:26.5) | 25 | F | 3:35:10.3 | 15 | 99 | 336 |
| 182 | Isaacs, Elizabeth swim (0:28:07.4) t1 (0:03:21.8) | Simi Valley, CA bike (2:37:16.5) t2 (0:02:28.1) | 28 | F | 4:25:40.1 | 16 | 113 | 356 |

Individual F30-34

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|--|-----|-----|-----------|----|-----|-----|
| 189 | Jennings, Pamela swim (0:23:34.8) t1 (0:01:09.3) | Eureka, CA bike (1:05:17.3) t2 (0:00:52.1) | 30 | F | 2:11:28.4 | 1 | 1 | 27 |
| 432 | Main, Rachel swim (0:23:23.8) t1 (0:01:22.2) | San Rafael, CA bike (1:05:18.0) t2 (0:00:57.7) | 34 | F | 2:15:13.8 | 2 | 2 | 37 |
| 367 | Summers, Marlene swim (0:23:45.5) t1 (0:02:02.6) | Redwood City, CA bike (1:08:29.5) t2 (0:01:00.0) | 31 | F | 2:28:07.9 | 3 | 9 | 86 |
| 225 | Leutwyler, Heather swim (0:27:43.1) t1 (0:02:10.9) | San Francisco, CA bike (1:13:10.6) t2 (0:01:44.8) | 31 | F | 2:28:59.4 | 4 | 11 | 92 |
| 301 | Praught, Melanie swim (0:24:15.2) t1 (0:02:59.8) | San Francisco, CA bike (1:11:29.8) t2 (0:02:28.9) | 31 | F | 2:31:21.4 | 5 | 12 | 110 |
| 358 | St. Aubin, Cari swim (0:27:05.9) t1 (0:01:57.2) | Woodside, CA bike (1:09:42.2) t2 (0:01:00.8) | 30 | F | 2:32:42.5 | 6 | 16 | 119 |
| 251 | Mcgaughey, Amy swim (0:26:37.4) t1 (0:02:04.8) | Palo alto, CA bike (1:11:29.5) t2 (0:01:19.4) | 33 | F | 2:36:12.2 | 7 | 20 | 138 |
| 385 | Walos, Denise swim (0:22:54.9) t1 (0:02:04.3) | MOUNTAIN VIEW, CA bike (1:15:49.5) t2 (0:01:32.8) | 32 | F | 2:41:08.0 | 8 | 28 | 163 |
| 37 | Birdwell, Kelly swim (0:32:36.0) t1 (0:02:46.6) | San Francisco, CA bike (1:14:25.7) t2 (0:01:06.9) | 31 | F | 2:42:02.5 | 9 | 30 | 169 |
| 260 | Mcnamara, Romany swim (0:33:50.2) t1 (0:02:08.1) | Berkeley, CA bike (1:14:55.6) t2 (0:01:13.8) | 30 | F | 2:49:27.2 | 10 | 44 | 216 |
| 265 | Mitchell, Elizabeth swim (0:39:15.3) t1 (0:03:58.4) | Folsom, CA bike (1:18:15.9) t2 (0:01:53.7) | 30 | F | 2:53:50.6 | 11 | 51 | 239 |
| 55 | Buesen, Bethany swim (0:32:58.3) t1 (0:02:46.4) | Berkeley, CA bike (1:18:16.2) t2 (0:01:24.7) | 33 | F | 2:54:13.1 | 12 | 52 | 240 |
| 397 | Wilson, Christine swim (0:25:53.6) t1 (0:02:31.4) | San Francisco, CA bike (--) t2 (1:41:37.5) | 32 | F | 3:00:32.7 | 13 | 60 | 263 |
| 30 | Bavely, Julia swim (0:35:35.6) t1 (0:03:39.6) | San Francisco, CA bike (1:21:12.0) t2 (0:02:21.2) | 33 | F | 3:01:29.7 | 14 | 62 | 270 |
| 292 | Pennell, Naomi swim (0:40:58.2) t1 (1:31:23.5) | Walnut creek, CA bike (--) t2 (--) | 33 | F | 3:15:35.6 | 15 | 82 | 307 |
| 180 | Humphries, Misty swim (0:41:42.7) t1 (0:03:21.2) | Sacramento, CA bike (--) t2 (1:27:20.5) | 33 | F | 3:21:07.7 | 16 | 86 | 318 |
| 412 | Zeydel, Megan swim (0:32:38.5) t1 (0:08:03.7) | El Dorado Hills, CA bike (1:35:32.2) t2 (0:04:20.5) | 31 | F | 3:35:10.3 | 17 | 98 | 335 |
| 263 | Mills, Heidi swim (0:41:21.0) t1 (0:03:47.3) | Gold River, CA bike (1:32:03.5) t2 (0:01:41.3) | 31 | F | 3:36:33.8 | 18 | 100 | 338 |
| 43 | Brewer, Amber swim (0:42:35.9) t1 (0:03:16.6) | Folsom, CA bike (1:43:40.5) t2 (0:02:29.8) | 32 | F | 4:01:57.2 | 19 | 108 | 350 |
| 282 | Nowicki, Angela swim (0:30:57.3) t1 (0:03:33.1) | San Francisco, CA bike (--) t2 (0:19:41.7) | 32 | F | -- | -- | -- | -- |
| | Penalty: DNF Bike (-6:00:00.0) | | | | | | | |
| 330 | Santos, Korina swim (0:32:43.0) t1 (0:02:53.3) | Reno, NV bike (0:03:38.8) t2 (--) | 34 | F | -- | -- | -- | -- |
| 52 | Brown, Jodi swim (0:27:41.4) t1 (0:02:34.9) | Sacramento, CA bike (--) t2 (--) | 33 | F | -- | -- | -- | -- |
| | Penalty: Overtaken 5.10(g) (-0:02:00.0) | | | | | | | |

Individual F35-39

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|--|---|--|-----|-----|-----------|----|----|-----|
| 243 | Masuda, Megumi swim (0:21:50.7) t1 (0:01:08.1) | Santa Clara, CA bike (1:07:25.8) t2 (0:00:58.8) | 36 | F | 2:15:37.4 | 1 | 3 | 38 |
| 53 | Bruce, Kim swim (0:21:49.6) t1 (0:01:42.9) | Danville, CA bike (1:04:36.3) t2 (0:01:06.8) | 37 | F | 2:16:10.6 | 2 | 5 | 41 |
| 349 | Silver, Kiki swim (0:27:56.8) t1 (0:02:13.6) | corte madera, CA bike (1:08:01.6) t2 (0:01:12.8) | 38 | F | 2:23:15.0 | 3 | 6 | 67 |
| 332 | Schaefer, Natalie swim (0:26:27.3) t1 (0:01:44.7) | Berkeley, CA bike (1:06:59.3) t2 (0:01:12.5) | 37 | F | 2:24:10.9 | 4 | 7 | 70 |
| 171 | Hogan, Tracy swim (0:29:47.4) t1 (0:01:09.8) | Hillsborough, CA bike (1:08:10.1) t2 (0:00:58.7) | 39 | F | 2:25:17.0 | 5 | 8 | 75 |
| 136 | Gellman, Tricia swim (0:28:39.1) t1 (0:02:01.1) | sausalito, CA bike (1:10:10.5) t2 (0:01:37.7) | 39 | F | 2:32:17.8 | 6 | 14 | 114 |
| 49 | Brost, Mickey swim (0:30:46.9) t1 (0:02:16.2) | Applegate, CA bike (1:08:38.8) t2 (0:01:54.3) | 37 | F | 2:32:34.7 | 7 | 15 | 117 |
| 387 | Watts, Valentina swim (0:28:14.1) t1 (0:02:03.4) | Rocklin, CA bike (1:10:27.4) t2 (0:01:25.0) | 37 | F | 2:34:28.6 | 8 | 18 | 127 |
| 237 | Mangiapane, Carrie swim (0:30:23.2) t1 (0:01:33.5) | Sacramento, CA bike (1:17:48.9) t2 (0:01:06.4) | 35 | F | 2:40:16.5 | 9 | 26 | 157 |
| 41 | Bradley, Trixie swim (0:28:29.7) t1 (0:02:19.8) | Pilot Hill, CA bike (1:12:07.7) t2 (0:01:29.6) | 35 | F | 2:40:33.1 | 10 | 27 | 159 |
| 68 | Carreira, Tara swim (0:33:21.3) t1 (0:01:58.4) | Livermore, CA bike (--) t2 (1:23:23.4) | 35 | F | 2:42:14.4 | 11 | 31 | 170 |
| 211 | Knowles, Julie swim (0:29:08.4) t1 (0:02:00.4) | San Francisco, CA bike (1:17:34.5) t2 (0:01:30.9) | 35 | F | 2:42:36.1 | 12 | 32 | 174 |
| 249 | Mccandless, Renee swim (0:30:48.1) t1 (0:02:32.7) | Roseville, CA bike (1:14:17.7) t2 (0:01:28.2) | 35 | F | 2:43:42.5 | 13 | 33 | 180 |
| 378 | Trexler, Suzy swim (0:29:06.9) t1 (0:02:43.4) | Orangevale, CA bike (1:14:28.5) t2 (0:01:32.1) | 39 | F | 2:45:53.9 | 14 | 38 | 198 |
| 370 | Tanner, Mary swim (0:31:38.7) t1 (0:02:51.5) | Seaside, CA bike (1:18:44.4) t2 (0:00:56.5) | 36 | F | 2:48:23.1 | 15 | 42 | 210 |
| 72 | Caucci, Kathryn swim (0:31:22.5) t1 (0:02:17.6) | Sacramento, CA bike (1:16:55.9) t2 (0:01:03.9) | 38 | F | 2:51:04.0 | 16 | 46 | 223 |
| Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | | |
| 354 | Solod, Gail swim (0:31:55.5) t1 (0:03:17.8) | San Francisco, CA bike (1:19:27.3) t2 (0:02:04.7) | 35 | F | 2:51:11.2 | 17 | 48 | 226 |
| 389 | Westcott-Chavez, Amity swim (0:26:25.6) t1 (0:02:34.1) | Santa Clara, CA bike (1:24:55.2) t2 (0:01:49.7) | 35 | F | 2:51:56.9 | 18 | 49 | 230 |
| 323 | Rowen, Stephanie swim (0:32:46.2) t1 (0:03:35.8) | Menlo Park, CA bike (1:18:16.7) t2 (0:03:04.1) | 37 | F | 2:55:24.1 | 19 | 54 | 242 |
| 124 | Findlay, Anne swim (0:41:58.2) t1 (0:05:38.5) | San Francisco, CA bike (1:18:58.6) t2 (0:02:29.6) | 35 | F | 3:05:34.0 | 20 | 68 | 285 |
| 227 | LeVine, Carin swim (0:35:36.1) t1 (0:04:45.3) | Campbell, CA bike (1:26:25.2) t2 (0:03:15.4) | 38 | F | 3:06:52.7 | 21 | 71 | 289 |
| 203 | Kerem, Sarah swim (0:37:05.7) t1 (0:04:33.2) | Elk Grove, CA bike (2:25:52.7) t2 (--) | 37 | F | 3:09:47.1 | 22 | 73 | 297 |
| 109 | Dondero, Allison swim (0:38:09.4) t1 (0:03:10.7) | San Francisco, CA bike (1:27:54.2) t2 (0:02:17.9) | 36 | F | 3:11:36.5 | 23 | 75 | 300 |
| 179 | Hull, Kelly swim (0:34:26.7) t1 (0:02:37.7) | Sacramento, CA bike (1:28:41.7) t2 (0:04:26.5) | 39 | F | 3:13:33.3 | 24 | 80 | 305 |

Individual F35-39

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|--|------------|------------|---------------|-----------|-----------|-----------|
| 29 | Baum, Betsy swim (0:40:02.1) t1 (0:02:28.6) | Oakland, CA bike (1:33:43.9) t2 (0:02:09.9) | 37 | F | 3:22:38.8 | 25 | 88 | 321 |
| 10 | Aldrich, Amanda swim (0:33:39.8) t1 (0:03:43.7) | Folsom, CA bike (1:33:33.2) t2 (0:05:05.4) | 38 | F | 3:30:50.1 | 26 | 96 | 331 |
| 364 | Stewart, Bobby Joe swim (0:45:18.5) t1 (0:03:16.1) | San Jose, CA bike (1:33:13.8) t2 (0:02:22.7) | 37 | F | 3:40:06.4 | 27 | 104 | 342 |
| 6 | Abrons, Lisa swim (0:43:48.2) t1 (0:09:44.8) | San Francisco, CA bike (1:44:12.5) t2 (0:03:52.8) | 39 | F | 4:15:29.2 | 28 | 111 | 353 |
| 328 | Sanchez, Karen swim (0:32:42.6) t1 (0:04:53.0) | Burlingame, CA bike (--) t2 (--) | 37 | F | -- | -- | -- | -- |

Individual F40-44

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|---|---|-----|-----|-----------|----|----|-----|
| 296 | Petrov, Monique swim (0:22:45.1) t1 (0:02:00.1) | Mill Valley, CA bike (1:05:48.9) t2 (0:00:49.7) | 40 | F | 2:15:40.2 | 1 | 4 | 39 |
| 293 | Peralez, Roxanne swim (0:33:33.4) t1 (0:02:33.4) | Salinas, CA bike (1:12:20.6) t2 (0:00:57.2) | 42 | F | 2:38:43.3 | 2 | 24 | 149 |
| 339 | Schweitzer, Laura swim (0:27:50.5) t1 (0:02:14.5) | folsom, CA bike (1:17:41.7) t2 (0:02:40.1) | 40 | F | 2:41:51.4 | 3 | 29 | 167 |
| 128 | Frost, Kathleen swim (0:29:24.4) t1 (0:01:39.0) | Corte Madera, CA bike (1:11:57.1) t2 (0:01:18.5) | 44 | F | 2:44:57.5 | 4 | 36 | 192 |
| 178 | Hughes, Michele swim (0:30:53.5) t1 (0:02:47.5) | grass valley, CA bike (1:14:59.2) t2 (0:01:44.1) | 43 | F | 2:46:48.1 | 5 | 40 | 201 |
| 229 | Losno, Kira swim (0:36:33.2) t1 (0:02:53.2) | South San Franci, CA bike (--) t2 (1:19:51.3) | 40 | F | 2:53:23.6 | 6 | 50 | 236 |
| 228 | Liou, Carol swim (0:32:25.1) t1 (0:02:19.1) | Cupertino, CA bike (--) t2 (1:26:43.7) | 41 | F | 3:04:16.8 | 7 | 66 | 280 |
| 321 | Roodhouse, Stephanie swim (0:38:05.3) t1 (0:04:58.3) | San Jose, CA bike (1:20:05.8) t2 (0:01:43.1) | 41 | F | 3:13:28.8 | 8 | 79 | 304 |
| 76 | Chavez, Carrie swim (--) t1 (--) | San Ramon, CA bike (0:16:04.9) t2 (--) | 41 | F | -- | -- | -- | -- |
| 325 | Rudd, Nancy swim (0:36:07.1) t1 (0:03:06.5) | Redding, CA bike (--) t2 (--) | 44 | F | -- | -- | -- | -- |

Individual F45-49

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|-------------------------------------|-------------------------------------|-----|-----|-------------------|----|-----|-----|
| 127 | Forrest, Alana | San Jose, CA | 47 | F | 2:39:30.9 | 1 | 25 | 153 |
| | swim (0:30:22.0) t1 (0:02:15.1) | bike (1:13:01.9) t2 (0:01:03.2) | | | run (0:52:48.5) | | | |
| 355 | Soto-Fogle, Reyna | Campbell, CA | 45 | F | 2:43:51.6 | 2 | 34 | 182 |
| | swim (0:32:33.9) t1 (0:02:27.1) | bike (1:18:40.2) t2 (0:00:52.3) | | | run (0:49:17.8) | | | |
| 81 | Cherry, Kirsten | Walnut Creek, CA | 45 | F | 2:55:24.2 | 3 | 55 | 243 |
| | swim (0:29:12.4) t1 (0:03:04.9) | bike (1:18:21.9) t2 (0:01:41.8) | | | run (1:03:03.1) | | | |
| 322 | Rosefield, Stella | Pleasanton, CA | 47 | F | 2:58:40.0 | 4 | 58 | 257 |
| | swim (0:37:37.3) t1 (0:04:18.5) | bike (--) t2 (1:15:27.7) | | | run (1:01:16.3) | | | |
| 279 | Nichol, Pamela | Rocklin, CA | 49 | F | 3:02:36.1 | 5 | 63 | 274 |
| | swim (0:30:15.1) t1 (0:02:45.4) | bike (--) t2 (1:24:34.4) | | | run (1:05:01.1) | | | |
| 169 | Hoffman, Karyn | Folsom, CA | 47 | F | 3:03:49.4 | 6 | 65 | 279 |
| | swim (0:46:39.8) t1 (0:03:21.0) | bike (1:22:27.4) t2 (0:01:13.3) | | | run (0:50:07.7) | | | |
| 114 | Duane, Kari | el dorado hills, CA | 47 | F | 3:05:43.9 | 7 | 69 | 286 |
| | swim (0:32:27.6) t1 (0:03:22.8) | bike (--) t2 (1:23:17.0) | | | run (1:06:36.4) | | | |
| 218 | Kwai Ben, Valerie | San Jose, CA | 46 | F | 3:06:39.4 | 8 | 70 | 288 |
| | swim (0:32:49.0) t1 (0:05:05.2) | bike (1:26:46.4) t2 (0:02:12.6) | | | run (0:59:45.9) | | | |
| 429 | Nolan, Elizabeth | Belmont, CA | 49 | F | 3:11:30.1 | 9 | 74 | 299 |
| | swim (0:35:47.0) t1 (0:02:29.6) | bike (--) t2 (1:22:19.7) | | | run (1:10:53.6) | | | |
| 240 | Marshall, Renee | Oakdale, CA | 45 | F | 3:23:19.5 | 10 | 89 | 322 |
| | swim (0:45:00.5) t1 (0:03:28.1) | bike (1:32:41.8) t2 (0:02:39.6) | | | run (0:59:29.4) | | | |
| 138 | Geramian, Mina | Folsom, CA | 46 | F | 3:26:41.8 | 11 | 93 | 327 |
| | swim (0:46:38.3) t1 (0:05:16.6) | bike (1:29:44.5) t2 (0:05:25.0) | | | run (0:59:37.3) | | | |
| 79 | Chen, Angie | Fair Oaks, CA | 45 | F | 3:30:34.7 | 12 | 95 | 330 |
| | swim (0:41:21.0) t1 (0:05:16.3) | bike (1:38:27.1) t2 (0:03:22.1) | | | run (1:02:08.1) | | | |
| 303 | Qawami, Shekoufeh | el dorado hills, CA | 45 | F | 3:38:31.2 | 13 | 103 | 341 |
| | swim (0:58:47.4) t1 (0:03:55.7) | bike (1:35:08.3) t2 (0:02:03.4) | | | run (0:58:36.2) | | | |
| 271 | Morey, Deborah | Orangevale, CA | 46 | F | 3:57:44.5 | 14 | 106 | 348 |
| | swim (0:45:22.2) t1 (0:04:14.7) | bike (1:40:20.1) t2 (0:03:03.1) | | | run (1:24:44.1) | | | |
| 351 | Simi, Elizabeth | Folsom, CA | 45 | F | 4:23:53.7 | 15 | 112 | 355 |
| | swim (0:42:23.5) t1 (0:05:15.7) | bike (2:04:07.6) t2 (0:00:42.1) | | | run (1:31:24.6) | | | |

Individual F50-54

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|---|----------------------|--------------------|------------------|-------------------|----|-----|-----|
| 340 | Scott, Cindy | Sacramento, CA | 54 | F | 2:45:41.8 | 1 | 37 | 196 |
| | swim (0:38:52.6) | t1 (0:03:53.0) | bike (--) | t2 (1:17:20.1) | run (0:45:36.0) | | | |
| 297 | Pinelli, Doreen | Santa Rosa, CA | 52 | F | 2:46:13.8 | 2 | 39 | 200 |
| | swim (0:35:36.4) | t1 (0:02:01.0) | bike (1:17:03.6) | t2 (0:01:24.6) | run (0:50:08.0) | | | |
| 315 | Roberts, Diana | Olympia, WA | 54 | F | 2:51:07.1 | 3 | 47 | 224 |
| | swim (0:31:04.1) | t1 (0:03:02.6) | bike (1:13:11.4) | t2 (0:02:03.8) | run (1:01:45.0) | | | |
| 252 | Mcgrath, Kem | Gold River, CA | 54 | F | 2:59:23.7 | 4 | 59 | 261 |
| | swim (0:37:38.6) | t1 (0:03:42.6) | bike (1:21:02.0) | t2 (0:01:09.8) | run (0:55:50.6) | | | |
| 132 | Gagnon, Lindalee | Rescue, CA | 52 | F | 3:00:50.4 | 5 | 61 | 264 |
| | swim (0:28:32.6) | t1 (0:02:32.8) | bike (1:23:25.7) | t2 (0:01:31.5) | run (1:04:47.7) | | | |
| 54 | Bucon, Anne | Cameron Park, CA, CA | 51 | F | 3:07:43.6 | 6 | 72 | 290 |
| | swim (0:32:05.6) | t1 (0:04:48.9) | bike (--) | t2 (1:23:48.2) | run (1:05:00.8) | | | |
| | Penalty: Overtaken 5.10(g) (-0:02:00.0) | | | | | | | |
| 150 | Grant, Jannine | San Jose, CA | 51 | F | 3:11:54.9 | 7 | 76 | 301 |
| | swim (0:33:55.5) | t1 (0:02:33.2) | bike (1:29:41.1) | t2 (0:02:56.3) | run (1:02:48.5) | | | |
| 335 | Schmit, Jennifer | Redding, CA | 52 | F | 3:20:51.6 | 8 | 85 | 317 |
| | swim (0:40:41.7) | t1 (0:04:01.3) | bike (1:26:31.0) | t2 (0:02:17.3) | run (1:07:20.2) | | | |
| 193 | Jonas, Susan | Folsom, CA | 50 | F | 3:21:57.6 | 9 | 87 | 319 |
| | swim (0:41:48.4) | t1 (0:04:32.2) | bike (1:26:43.4) | t2 (0:02:43.8) | run (1:06:09.6) | | | |
| 154 | Gray, Patti | Orangevale, CA | 54 | F | 3:24:33.4 | 10 | 90 | 323 |
| | swim (0:32:18.6) | t1 (0:03:54.3) | bike (1:28:35.8) | t2 (0:01:54.8) | run (1:17:49.7) | | | |
| 246 | Mayer, Clarisse | Reno, NV | 54 | F | 3:29:13.7 | 11 | 94 | 329 |
| | swim (0:44:28.7) | t1 (0:05:05.7) | bike (1:32:01.8) | t2 (0:01:37.8) | run (1:03:59.5) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 166 | Highison, Barbara | Sparks, NV | 54 | F | 3:37:51.3 | 12 | 102 | 340 |
| | swim (0:42:28.5) | t1 (0:04:30.0) | bike (1:28:38.2) | t2 (0:01:52.7) | run (1:20:21.6) | | | |
| 94 | Conrad, Blair | San Carlos, CA | 53 | F | 4:07:11.8 | 13 | 109 | 351 |
| | swim (0:45:36.6) | t1 (0:04:26.4) | bike (1:41:18.4) | t2 (0:02:41.4) | run (1:33:08.8) | | | |
| 18 | Aune, Doreen | clovis, CA | 52 | F | 4:39:15.9 | 14 | 114 | 357 |
| | swim (0:46:55.7) | t1 (0:06:40.8) | bike (1:51:05.2) | t2 (0:03:27.5) | run (1:51:06.3) | | | |
| 426 | Niewald, Anette | Santa Rosa, CA | 53 | F | -- | -- | -- | -- |
| | swim (--) | t1 (--) | bike (1:00:25.1) | t2 (--) | run (--) | | | |

Individual F55-59

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|--|------------|------------|---------------|-----------|-----------|-----------|
| 133 | Gaines, Sally swim (0:27:46.8) t1 (0:02:23.8) | Mammoth lakes, CA bike (1:15:27.9) t2 (0:00:58.6) | 57 | F | 2:37:41.0 | 1 | 22 | 146 |
| 396 | Wilson, Candace swim (0:30:32.0) t1 (0:03:03.5) | Twain Harte, CA bike (1:18:06.4) t2 (0:01:49.6) | 55 | F | 2:50:42.1 | 2 | 45 | 221 |
| 165 | Herbert, Pamela swim (0:35:40.1) t1 (0:02:28.3) | Walnut Creek, CA bike (1:25:11.0) t2 (0:01:20.3) | 55 | F | 3:12:51.6 | 3 | 77 | 302 |
| 7 | Aceituno, Carol swim (0:39:51.6) t1 (0:05:01.5) | Folsom, CA bike (1:30:17.5) t2 (0:04:15.4) | 58 | F | 3:32:13.1 | 4 | 97 | 334 |
| 204 | Kimball, Sarah swim (0:47:19.3) t1 (0:02:59.6) | El Dorado Hills, CA bike (1:25:35.7) t2 (0:02:08.4) | 55 | F | 3:36:58.5 | 5 | 101 | 339 |
| 318 | Rogers, Valerie swim (0:42:07.7) t1 (1:52:34.3) | San Jose, CA bike (--) t2 (--) | 55 | F | 3:50:55.7 | 6 | 105 | 345 |
| 264 | Milyko, Liz swim (0:41:57.7) t1 (0:04:28.5) | Sparks, NV bike (1:38:35.6) t2 (0:02:19.9) | 55 | F | 3:58:25.8 | 7 | 107 | 349 |
| 317 | Rodriguez, Jetty swim (0:46:17.6) t1 (0:04:31.2) | San Jose, CA bike (1:47:06.8) t2 (0:03:24.9) | 59 | F | 4:12:43.7 | 8 | 110 | 352 |

Individual F60-64

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|--|------------|------------|---------------|-----------|-----------|-----------|
| 256 | Mckee, Sunny swim (0:29:46.6) t1 (0:02:19.4) | san francisco, CA bike (1:20:41.3) t2 (0:01:19.8) | 60 | F | 2:56:20.5 | 1 | 56 | 251 |
| 162 | Hegle, Linda swim (0:35:23.1) t1 (0:05:40.5) | Grass Valley, CA bike (1:26:46.2) t2 (0:03:08.9) | 61 | F | 3:13:13.8 | 2 | 78 | 303 |

Individual F65-69

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|--|------------|-------------------|---------------|-----------|-----------|-----------|
| 286 | Olsen, Sallie swim (0:35:37.5) t1 (0:03:37.3) | Oakland, CA bike (1:30:56.4) t2 (0:01:47.3) | 67 | F | 3:19:46.2 | 1 | 84 | 314 |
| | | | | run (1:07:47.5) | | | | |

Individual M14-19

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|---|------------|------------|---------------|-----------|-----------|-----------|
| 172 | Hollinger, Dilon swim (0:29:32.0) t1 (0:01:39.7) | Clayton, CA bike (1:02:25.5) t2 (0:01:23.4) | 16 | M | 2:19:26.8 | 1 | 50 | 55 |
| 312 | Ringler, Ron swim (0:29:26.5) t1 (0:02:06.8) | Folsom, CA bike (1:10:31.3) t2 (0:01:34.5) | 19 | M | 2:24:11.9 | 2 | 64 | 71 |
| 195 | Jorgensen, Kyle swim (0:24:33.5) t1 (0:01:07.7) | Truckee, CA bike (1:16:01.3) t2 (0:00:38.7) | 16 | M | 2:35:05.4 | 3 | 114 | 132 |
| 205 | King, Andrew swim (0:32:58.7) t1 (0:02:09.1) | Sacramento, CA bike (1:23:39.0) t2 (0:01:20.3) | 17 | M | 2:56:57.1 | 4 | 197 | 253 |

Individual M20-24

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|--|-----|-----|-----------|----|-----|-----|
| 415 | Rudd, Evan swim (0:22:16.0) t1 (0:00:49.0) | San Luis Obispo, CA bike (0:59:43.8) t2 (0:00:41.4) | 24 | M | 2:01:18.1 | 1 | 6 | 6 |
| 416 | Jackson, Chris swim (0:24:33.5) t1 (0:00:49.0) | Burbank, CA bike (1:08:08.2) t2 (0:00:46.5) | 21 | M | 2:10:37.8 | 2 | 24 | 24 |
| 299 | Portman, Mike swim (0:29:13.3) t1 (0:02:10.3) | San Jose, CA bike (1:15:20.3) t2 (0:01:35.1) | 23 | M | 2:27:49.0 | 3 | 76 | 84 |
| 215 | Krek, Blake swim (0:32:13.7) t1 (0:02:14.2) | Reno, NV bike (1:13:50.4) t2 (0:01:13.7) | 23 | M | 2:47:33.5 | 4 | 163 | 204 |
| 327 | Sales, Darrell swim (0:35:08.6) t1 (0:02:42.8) | Santa Clara, CA bike (1:11:24.9) t2 (0:01:25.6) | 24 | M | 2:48:33.9 | 5 | 169 | 212 |
| 236 | Macey, Bobby swim (--) t1 (1:55:28.1) | Loyalton, CA bike (--) t2 (--) | 22 | M | 2:48:58.5 | 6 | 170 | 213 |
| 200 | Kell, Adam swim (0:45:29.8) t1 (0:05:31.3) | Orinda, CA bike (1:10:18.8) t2 (0:00:51.6) | 21 | M | 2:49:15.7 | 7 | 171 | 214 |
| 346 | Shoven, James swim (0:25:58.1) t1 (0:03:32.8) | Campbell, CA bike (1:18:06.6) t2 (0:01:21.9) | 23 | M | 2:49:17.4 | 8 | 172 | 215 |
| 336 | Schneider, Andrew swim (0:28:27.0) t1 (0:03:19.8) | Campbell, CA bike (1:25:40.3) t2 (0:01:09.6) | 23 | M | 3:00:59.6 | 9 | 206 | 267 |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 402 | Woodruff, Andrew swim (0:20:31.9) t1 (0:01:16.1) | Stanford, CA bike (--) t2 (--) | 22 | M | -- | -- | -- | -- |

Individual M25-29

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|----------------------|--------------------|------------------|-------------------|----|-----|-----|
| 436 | Dahlz, John | So. San Francisc, CA | 25 | M | 1:56:48.9 | 1 | 1 | 1 |
| | swim (0:18:57.5) | t1 (0:00:52.2) | bike (0:59:45.1) | t2 (0:00:39.6) | run (0:37:34.5) | | | |
| | Penalty: Wrong turn on Run (-0:00:0-59.-9) | | | | | | | |
| 269 | Monda, Joshua | Vancouver, WA | 27 | M | 2:03:49.6 | 2 | 9 | 9 |
| | swim (0:24:48.8) | t1 (0:01:00.0) | bike (1:00:43.0) | t2 (0:00:46.4) | run (0:36:31.3) | | | |
| 102 | Davie, Matthew | San Francisco, CA | 28 | M | 2:04:36.8 | 3 | 12 | 12 |
| | swim (0:19:48.4) | t1 (0:01:51.7) | bike (1:03:17.4) | t2 (0:00:49.1) | run (0:38:50.0) | | | |
| 14 | Anderson, Charlie | Fremont, CA | 29 | M | 2:09:09.2 | 4 | 21 | 21 |
| | swim (--) | t1 (0:24:41.2) | bike (1:05:41.1) | t2 (0:00:43.6) | run (0:38:03.1) | | | |
| 427 | Robinson, Ryan | Folsom, CA | 27 | M | 2:13:53.7 | 5 | 30 | 31 |
| | swim (0:27:23.2) | t1 (0:01:05.3) | bike (1:02:06.9) | t2 (0:00:42.8) | run (0:42:35.4) | | | |
| 334 | Schiller, Nicholas | West Sacramento , CA | 27 | M | 2:14:54.0 | 6 | 34 | 35 |
| | swim (0:26:11.1) | t1 (0:01:50.0) | bike (1:02:39.8) | t2 (0:00:58.7) | run (0:43:14.2) | | | |
| 213 | Konwinski, Thomas | Placerville, CA | 25 | M | 2:17:51.3 | 7 | 41 | 46 |
| | swim (0:27:11.5) | t1 (0:02:03.2) | bike (1:04:23.9) | t2 (0:00:46.7) | run (0:43:25.8) | | | |
| 331 | Scagliola, Andrew | rancho cordova, CA | 28 | M | 2:17:55.0 | 8 | 42 | 47 |
| | swim (0:30:52.7) | t1 (0:01:40.5) | bike (1:02:19.3) | t2 (0:01:15.2) | run (0:41:47.0) | | | |
| 125 | Fish, Jared | Oakland, CA | 26 | M | 2:18:06.9 | 9 | 45 | 50 |
| | swim (0:25:08.7) | t1 (0:02:23.8) | bike (1:04:30.6) | t2 (0:02:11.6) | run (0:43:52.0) | | | |
| 381 | Tuohy, Brian | Sebastopol, CA | 27 | M | 2:18:21.9 | 10 | 46 | 51 |
| | swim (0:23:29.2) | t1 (0:02:32.0) | bike (1:09:03.6) | t2 (0:01:15.0) | run (0:42:01.8) | | | |
| 304 | Ralph, Oliver | San Francisco, CA | 28 | M | 2:18:33.4 | 11 | 47 | 52 |
| | swim (0:25:13.7) | t1 (0:01:36.8) | bike (1:08:36.7) | t2 (0:00:56.3) | run (0:42:09.7) | | | |
| 90 | Colbert, Kit | San Francisco, CA | 29 | M | 2:19:44.3 | 12 | 51 | 56 |
| | swim (0:27:46.9) | t1 (0:01:49.3) | bike (1:07:07.0) | t2 (0:01:01.2) | run (0:41:59.6) | | | |
| 15 | Angelini, Michael | Reno, NV | 29 | M | 2:20:03.3 | 13 | 53 | 58 |
| | swim (0:28:17.2) | t1 (0:02:11.5) | bike (1:06:42.5) | t2 (0:01:35.3) | run (0:41:16.7) | | | |
| 82 | Chiou, Steve | San Francisco, CA | 27 | M | 2:24:08.9 | 14 | 63 | 69 |
| | swim (0:23:23.5) | t1 (0:02:08.5) | bike (1:09:17.5) | t2 (0:01:33.6) | run (0:47:45.6) | | | |
| 20 | Austin, Courtney | DANVILLE, CA | 25 | M | 2:27:34.3 | 15 | 73 | 81 |
| | swim (0:23:53.0) | t1 (0:01:40.6) | bike (1:07:51.9) | t2 (0:01:45.8) | run (0:52:22.8) | | | |
| 268 | Molina, Xavier | San Francisco, CA | 26 | M | 2:29:32.2 | 16 | 85 | 96 |
| | swim (0:26:31.4) | t1 (0:01:28.0) | bike (1:09:30.6) | t2 (0:00:48.3) | run (0:51:13.7) | | | |
| 212 | Kong, Andrew | San Diego, CA | 25 | M | 2:29:49.7 | 17 | 88 | 99 |
| | swim (0:25:21.9) | t1 (0:01:20.6) | bike (1:13:07.2) | t2 (0:00:55.0) | run (0:49:04.8) | | | |
| 87 | Cloutier, Daniel | Folsom, CA | 27 | M | 2:29:52.0 | 18 | 89 | 100 |
| | swim (0:34:07.3) | t1 (0:02:13.2) | bike (1:06:43.6) | t2 (0:01:33.3) | run (0:45:14.4) | | | |
| 210 | Knapp, Kirt | Fresno, CA | 29 | M | 2:30:39.0 | 19 | 95 | 106 |
| | swim (0:27:01.4) | t1 (0:02:22.4) | bike (1:08:12.5) | t2 (0:01:31.0) | run (0:49:31.5) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 12 | Aleksunas, Chris | Sacramento, CA | 27 | M | 2:30:57.6 | 20 | 96 | 107 |
| | swim (0:27:21.0) | t1 (0:02:53.0) | bike (1:08:52.2) | t2 (0:01:08.8) | run (0:50:42.5) | | | |
| 221 | Lawrence, Mike | Mountain View, CA | 26 | M | 2:39:41.2 | 21 | 129 | 154 |
| | swim (0:29:54.2) | t1 (0:03:05.8) | bike (1:12:49.2) | t2 (0:03:56.8) | run (0:49:54.9) | | | |
| 233 | Lucchesi, Jon | Walnut Creek, CA | 29 | M | 2:40:18.4 | 22 | 132 | 158 |
| | swim (0:34:03.2) | t1 (0:01:30.5) | bike (1:11:25.0) | t2 (0:01:20.3) | run (0:51:59.2) | | | |
| 250 | Mcfadden, Matthew | San Rafael, CA | 28 | M | 2:40:38.2 | 23 | 133 | 160 |
| | swim (0:35:56.2) | t1 (0:02:02.6) | bike (1:08:16.1) | t2 (0:02:09.8) | run (0:52:13.3) | | | |

Individual M25-29

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|--|------------|------------|---------------|-----------|-----------|-----------|
| 425 | Monahan, James swim (0:37:08.6) t1 (0:03:15.7) | San Francisco, CA bike (1:11:56.1) t2 (0:02:41.3) | 29 | M | 2:43:16.8 | 24 | 146 | 178 |
| 106 | Demoss, Sean swim (0:37:42.0) t1 (0:03:02.3) | Palo Alto, CA bike (1:13:00.9) t2 (0:01:08.9) | 25 | M | 2:53:12.2 | 25 | 186 | 235 |
| 97 | Costello, Joseph swim (0:33:25.6) t1 (0:03:06.9) | Tiburon, CA bike (1:29:28.0) t2 (0:01:11.7) | 25 | M | 3:02:16.2 | 26 | 211 | 273 |
| 420 | Weinberger, Zachary swim (1:05:01.2) t1 (0:02:25.8) | Fair Oaks, CA bike (1:24:46.9) t2 (0:00:33.3) | 29 | M | 3:31:13.3 | 27 | 236 | 332 |

Individual M30-34

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|--------------------|--------------------|------------------|-------------------|----|-----|-----|
| 409 | Zastrow, Adam | San Rafael, CA | 31 | M | 2:01:15.3 | 1 | 5 | 5 |
| | swim (0:20:47.8) | t1 (0:01:21.3) | bike (1:00:22.2) | t2 (0:00:58.8) | run (0:37:45.0) | | | |
| 316 | Robertson, Scott | San Francisco, CA | 30 | M | 2:04:09.0 | 2 | 10 | 10 |
| | swim (0:21:15.7) | t1 (0:01:05.2) | bike (0:59:07.0) | t2 (0:00:39.7) | run (0:42:01.3) | | | |
| 422 | Rosales, Andres | Sacramento, CA | 32 | M | 2:04:31.2 | 3 | 11 | 11 |
| | swim (0:21:19.6) | t1 (0:01:23.5) | bike (1:00:53.1) | t2 (0:01:08.0) | run (0:39:46.9) | | | |
| 135 | Garza, Steven | San Francisco, CA | 30 | M | 2:05:43.9 | 4 | 14 | 14 |
| | swim (0:25:36.9) | t1 (0:01:56.6) | bike (0:59:17.8) | t2 (0:00:57.2) | run (0:37:55.1) | | | |
| 238 | Mapes, Jeff | brentwood, CA | 32 | M | 2:08:30.3 | 5 | 19 | 19 |
| | swim (0:27:17.5) | t1 (0:01:14.1) | bike (0:57:43.5) | t2 (0:00:45.6) | run (0:41:29.3) | | | |
| 435 | Eng, Darrell | Palo Alto, CA | 33 | M | 2:09:40.8 | 6 | 22 | 22 |
| | swim (0:23:22.0) | t1 (0:00:58.8) | bike (1:02:00.7) | t2 (0:00:49.5) | run (0:42:29.5) | | | |
| 247 | Maynard, Jan | Pleasant Hill, CA | 31 | M | 2:11:10.9 | 7 | 26 | 26 |
| | swim (0:24:45.7) | t1 (0:01:14.3) | bike (1:03:59.2) | t2 (0:00:50.7) | run (0:40:20.7) | | | |
| 333 | Schanze, Mark | Dublin, CA | 33 | M | 2:14:35.6 | 8 | 33 | 34 |
| | swim (0:23:55.5) | t1 (0:00:57.8) | bike (1:02:22.8) | t2 (0:00:46.6) | run (0:46:32.7) | | | |
| 285 | Ogawa, Takehisa | san francisco, CA | 33 | M | 2:16:16.4 | 9 | 38 | 43 |
| | swim (0:29:55.6) | t1 (0:01:44.4) | bike (1:02:17.9) | t2 (0:01:04.6) | run (0:41:13.8) | | | |
| 430 | Gorton, Andrew | San Francisco, CA | 32 | M | 2:20:10.6 | 10 | 54 | 59 |
| | swim (0:24:32.6) | t1 (0:02:09.5) | bike (1:07:09.5) | t2 (0:01:01.2) | run (0:45:17.6) | | | |
| 104 | Degen, Jordan | San Francisco, CA | 32 | M | 2:20:26.8 | 11 | 55 | 60 |
| | swim (0:28:33.4) | t1 (0:01:17.5) | bike (1:03:14.0) | t2 (0:01:04.6) | run (0:46:17.2) | | | |
| 187 | Jamtaas, Keith | sacramento, CA | 30 | M | 2:20:54.5 | 12 | 56 | 61 |
| | swim (0:26:23.2) | t1 (0:02:01.2) | bike (1:04:24.3) | t2 (0:00:59.3) | run (0:45:06.3) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 89 | Cohen, Brent | Rancho Cordova, CA | 30 | M | 2:22:39.5 | 13 | 59 | 64 |
| | swim (0:30:37.4) | t1 (0:02:21.7) | bike (1:03:21.1) | t2 (0:01:02.3) | run (0:45:16.9) | | | |
| 58 | Burley, J Brook | mountain view, CA | 31 | M | 2:25:02.8 | 14 | 67 | 74 |
| | swim (0:25:24.1) | t1 (0:02:58.1) | bike (1:04:56.6) | t2 (0:01:30.6) | run (0:48:13.2) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 115 | Dufour , Chris | Pleasanton , CA | 30 | M | 2:25:56.9 | 15 | 69 | 77 |
| | swim (0:27:48.5) | t1 (0:02:49.6) | bike (1:04:18.8) | t2 (0:01:15.2) | run (0:49:44.6) | | | |
| 196 | Kalogirou, Stavros | Walnut Creek, CA | 33 | M | 2:26:46.6 | 16 | 70 | 78 |
| | swim (0:28:11.2) | t1 (0:01:57.6) | bike (1:11:22.2) | t2 (0:01:03.0) | run (0:44:12.4) | | | |
| 341 | Sendil, Altay | Palo Alto, CA | 32 | M | 2:27:39.9 | 17 | 75 | 83 |
| | swim (0:29:07.6) | t1 (0:01:56.8) | bike (1:07:33.3) | t2 (0:01:00.1) | run (0:48:01.9) | | | |
| 277 | Nevill, Peter | Walnut Creek, CA | 32 | M | 2:30:03.2 | 18 | 91 | 102 |
| | swim (0:28:28.9) | t1 (0:03:09.3) | bike (1:09:59.0) | t2 (0:01:02.2) | run (0:47:23.7) | | | |
| 152 | Gray, Nathan | San Francisco, CA | 32 | M | 2:31:18.3 | 19 | 98 | 109 |
| | swim (0:26:30.1) | t1 (0:02:39.0) | bike (1:10:54.8) | t2 (0:01:22.1) | run (0:49:52.1) | | | |
| 267 | Moerlein, David | San Francisco, CA | 31 | M | 2:31:58.8 | 20 | 99 | 112 |
| | swim (0:33:17.2) | t1 (0:02:40.4) | bike (1:07:00.0) | t2 (0:01:05.4) | run (0:47:55.6) | | | |
| 163 | Heinsohn, Danny | Reno, NV | 33 | M | 2:33:49.1 | 21 | 108 | 125 |
| | swim (0:31:38.0) | t1 (0:02:49.2) | bike (1:10:56.0) | t2 (0:01:30.0) | run (0:46:55.8) | | | |
| 344 | Shen, Bill | San Francisco, CA | 33 | M | 2:35:25.5 | 22 | 117 | 135 |
| | swim (0:29:48.8) | t1 (0:03:29.6) | bike (1:12:48.3) | t2 (0:02:12.0) | run (0:47:06.5) | | | |
| 88 | Cockrum, Robert | Folsom, CA | 32 | M | 2:37:13.3 | 23 | 123 | 144 |
| | swim (0:29:06.7) | t1 (0:02:31.1) | bike (1:11:36.9) | t2 (0:01:50.4) | run (0:52:08.0) | | | |

Individual M30-34

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|---------------------|--------------------|------------------|-------------------|----|-----|-----|
| 342 | Sepe, Matt | san jose, CA | 34 | M | 2:39:28.2 | 24 | 128 | 152 |
| | swim (0:30:34.6) | t1 (0:02:13.2) | bike (1:18:36.7) | t2 (0:00:47.2) | run (0:47:16.4) | | | |
| 413 | Bird, Christopher | Los Angeles, CA | 34 | M | 2:40:57.6 | 25 | 135 | 162 |
| | swim (0:29:41.7) | t1 (0:01:43.4) | bike (1:10:39.3) | t2 (0:01:18.1) | run (0:55:34.9) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 126 | Foley, Michael | STUDIO CITY, CA | 30 | M | 2:42:20.6 | 26 | 141 | 172 |
| | swim (--) | t1 (0:25:02.1) | bike (1:21:57.7) | t2 (0:03:16.5) | run (0:52:04.2) | | | |
| 431 | Raymond, Jeff | Los Altos, CA | 34 | M | 2:43:05.9 | 27 | 144 | 176 |
| | swim (0:29:54.6) | t1 (0:04:23.7) | bike (1:12:22.8) | t2 (0:02:25.7) | run (0:51:58.9) | | | |
| | Penalty: Head Set 3.4(i) (-0:02:00.0) | | | | | | | |
| 188 | Jefferies, Alex | San Francisco, CA | 33 | M | 2:43:47.3 | 28 | 148 | 181 |
| | swim (0:29:13.0) | t1 (0:02:37.4) | bike (1:14:05.5) | t2 (0:01:29.4) | run (0:56:21.8) | | | |
| 306 | Ray, Spencer | stateline, NV | 33 | M | 2:44:19.9 | 29 | 153 | 188 |
| | swim (0:35:33.0) | t1 (0:02:58.2) | bike (1:12:31.9) | t2 (0:01:43.7) | run (0:51:32.9) | | | |
| 373 | Thompson, Brian | San Francisco, CA | 31 | M | 2:44:34.5 | 30 | 155 | 190 |
| | swim (0:40:34.7) | t1 (0:03:31.6) | bike (1:12:38.3) | t2 (0:01:00.5) | run (0:46:49.2) | | | |
| 158 | Hancock, Mason | Folsom, CA | 30 | M | 2:51:09.6 | 31 | 178 | 225 |
| | swim (0:28:24.5) | t1 (0:02:59.0) | bike (1:12:47.4) | t2 (0:02:16.1) | run (1:04:42.3) | | | |
| 101 | Danker, David | Redwood City, CA | 34 | M | 2:51:34.0 | 32 | 179 | 227 |
| | swim (0:28:39.9) | t1 (0:02:43.3) | bike (1:18:17.0) | t2 (0:02:50.6) | run (0:59:02.9) | | | |
| 411 | Zeydel, Bart | El Dorado Hills, CA | 31 | M | 2:51:46.3 | 33 | 180 | 228 |
| | swim (0:32:24.7) | t1 (0:03:29.6) | bike (1:18:58.6) | t2 (0:01:53.8) | run (0:54:59.3) | | | |
| 244 | Matzke, Andy | Orangevale, CA | 34 | M | 2:55:55.2 | 34 | 192 | 247 |
| | swim (0:33:38.4) | t1 (0:04:11.4) | bike (1:23:33.6) | t2 (0:01:44.1) | run (0:52:47.5) | | | |
| 96 | Cory, Charles | San Francisco, CA | 33 | M | 3:00:58.9 | 35 | 205 | 266 |
| | swim (0:28:48.2) | t1 (0:03:23.6) | bike (1:25:30.4) | t2 (0:01:58.2) | run (1:01:18.2) | | | |
| 141 | Gharpure, Chaitanya | Mountain View, CA | 30 | M | 3:05:09.0 | 36 | 216 | 283 |
| | swim (0:25:06.9) | t1 (0:02:13.3) | bike (1:12:54.5) | t2 (0:01:52.1) | run (1:23:02.0) | | | |
| 183 | Isaacs, Kris | Simi Valley, CA | 31 | M | 3:08:29.5 | 37 | 222 | 294 |
| | swim (0:38:40.2) | t1 (0:04:14.3) | bike (1:24:43.9) | t2 (0:01:34.4) | run (0:59:16.5) | | | |
| 295 | Petrie, Thomas | Sacramento, CA | 30 | M | 3:16:46.5 | 38 | 227 | 310 |
| | swim (0:28:39.2) | t1 (0:04:05.3) | bike (1:23:15.8) | t2 (0:02:38.3) | run (1:18:07.6) | | | |
| 313 | Rios, Mark | El Dorado Hills, CA | 34 | M | 3:27:37.6 | 39 | 235 | 328 |
| | swim (0:41:53.4) | t1 (0:05:27.2) | bike (2:38:13.6) | t2 (--) | run (1:12:34.3) | | | |
| 223 | Lee, Jerry | Danville, CA | 31 | M | -- | -- | -- | -- |
| | swim (0:23:13.6) | t1 (0:01:00.9) | bike (--) | t2 (--) | run (--) | | | |

Individual M35-39

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|--|-----|-----|-----------|----|-----|-----|
| 421 | Mendes, Peter swim (0:21:51.7) t1 (0:00:53.3) | San Francisco, CA bike (0:58:43.4) t2 (0:00:41.5) | 36 | M | 1:59:43.7 | 1 | 4 | 4 |
| 377 | Tran, Kiet swim (0:21:05.3) t1 (0:01:17.9) | Oakland, CA bike (1:01:08.8) t2 (0:00:45.4) | 38 | M | 2:03:03.2 | 2 | 8 | 8 |
| 350 | Silver, Scott swim (0:24:18.2) t1 (0:01:31.0) | Corte Madera, CA bike (1:00:02.4) t2 (0:01:00.8) | 36 | M | 2:06:26.2 | 3 | 16 | 16 |
| 288 | Patout, Matthew swim (0:22:56.7) t1 (0:01:32.5) | San Francisco, CA bike (1:03:53.7) t2 (0:01:06.3) | 37 | M | 2:09:01.4 | 4 | 20 | 20 |
| 273 | Morgan, Michael swim (0:26:10.1) t1 (0:01:31.3) | Sacramento, CA bike (1:01:58.6) t2 (0:00:56.7) | 39 | M | 2:11:07.9 | 5 | 25 | 25 |
| 392 | Williams, Brian swim (0:28:48.1) t1 (0:00:53.7) | San Francisco, CA bike (1:02:03.3) t2 (0:00:40.0) | 35 | M | 2:13:41.4 | 6 | 28 | 29 |
| 300 | Prado, Mauricio swim (0:30:12.5) t1 (0:01:33.5) | Las Vegas, NV bike (1:00:48.7) t2 (0:00:50.4) | 39 | M | 2:14:07.5 | 7 | 32 | 33 |
| 42 | Bravo, Darrin swim (0:26:18.6) t1 (0:01:46.0) | Windsor, CA bike (1:01:32.5) t2 (0:01:04.7) | 38 | M | 2:16:11.2 | 8 | 37 | 42 |
| 380 | Tudor, Jeffrey swim (0:25:30.3) t1 (0:01:09.7) | livermore, CA bike (1:05:46.6) t2 (0:00:44.8) | 38 | M | 2:16:42.3 | 9 | 40 | 45 |
| 9 | Aizenberg, Mark swim (0:25:53.7) t1 (0:01:48.9) | Carmichael, CA bike (1:05:43.0) t2 (0:01:27.0) | 38 | M | 2:18:36.7 | 10 | 49 | 54 |
| 23 | Baadte, Brian swim (0:33:24.8) t1 (0:00:53.0) | Folsom, CA bike (1:06:03.2) t2 (0:00:53.1) | 39 | M | 2:28:48.1 | 11 | 79 | 89 |
| 191 | Johnson, Gordon swim (0:26:05.7) t1 (0:01:51.0) | sacramento, CA bike (1:10:11.1) t2 (0:00:59.3) | 38 | M | 2:28:49.2 | 12 | 81 | 91 |
| 357 | Spence, Michael swim (0:29:18.1) t1 (0:04:02.6) | San Francisco, CA bike (1:06:49.9) t2 (0:01:54.5) | 35 | M | 2:29:11.4 | 13 | 82 | 93 |
| 245 | May, Andy swim (0:28:28.3) t1 (0:03:32.1) | Dublin, CA bike (1:05:01.7) t2 (0:02:22.0) | 37 | M | 2:29:34.3 | 14 | 86 | 97 |
| 320 | Roodhouse, Eric swim (0:28:47.1) t1 (0:02:26.6) | san jose, CA bike (1:10:14.2) t2 (0:01:29.6) | 39 | M | 2:30:00.7 | 15 | 90 | 101 |
| 219 | Langkammerer, Jason swim (0:29:49.9) t1 (0:01:29.0) | San Francisco, CA bike (1:08:41.8) t2 (0:01:56.9) | 39 | M | 2:30:22.2 | 16 | 93 | 104 |
| 56 | Bunn, Matt swim (0:30:55.2) t1 (0:02:27.7) | Berkeley, CA bike (1:07:00.2) t2 (0:01:05.3) | 39 | M | 2:32:36.8 | 17 | 103 | 118 |
| 105 | Deibler, Matt swim (0:30:19.5) t1 (0:03:06.2) | Folsom, CA bike (1:07:06.1) t2 (0:00:59.3) | 38 | M | 2:32:43.7 | 18 | 104 | 120 |
| 176 | Houser, Gage swim (--) t1 (0:30:52.9) | San Anselmo, CA bike (1:11:50.7) t2 (0:01:10.8) | 35 | M | 2:34:54.8 | 19 | 111 | 129 |
| 77 | Chavez, Scott swim (0:28:02.5) t1 (0:02:36.4) | Santa Clara, CA bike (1:18:28.6) t2 (0:01:20.8) | 38 | M | 2:34:57.0 | 20 | 112 | 130 |
| 21 | Auzenne, Craig swim (0:32:42.1) t1 (0:04:14.8) | Martinez, CA bike (1:08:40.1) t2 (0:01:58.1) | 38 | M | 2:35:08.9 | 21 | 115 | 133 |
| 410 | Zenz, John swim (0:27:07.9) t1 (0:02:06.8) | Reno, NV bike (1:11:31.2) t2 (0:01:25.9) | 38 | M | 2:35:22.8 | 22 | 116 | 134 |
| 406 | Young, David swim (0:22:12.6) t1 (0:02:00.0) | Cameron Park, CA bike (1:15:48.3) t2 (0:01:21.5) | 37 | M | 2:37:00.0 | 23 | 120 | 140 |
| 338 | Schweitzer, Dane swim (0:26:16.6) t1 (0:02:48.1) | folsom, CA bike (1:12:35.7) t2 (0:01:39.3) | 37 | M | 2:37:03.1 | 24 | 121 | 141 |

Individual M35-39

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|---------------------|--------------------|------------------|-------------------|----|-----|-----|
| 27 | Barros, Alexandre | Pacifica, CA | 39 | M | 2:38:58.0 | 25 | 126 | 150 |
| | swim (0:27:29.0) | t1 (0:01:20.9) | bike (1:12:24.9) | t2 (0:00:43.8) | run (0:56:59.2) | | | |
| 259 | Mcnabb, Bryan | Brentwood, CA | 37 | M | 2:41:44.8 | 26 | 138 | 166 |
| | swim (0:36:32.6) | t1 (0:02:54.2) | bike (1:09:47.7) | t2 (0:01:03.7) | run (0:51:26.5) | | | |
| 61 | Cain, Michael | Roseville, CA | 36 | M | 2:42:01.0 | 27 | 139 | 168 |
| | swim (0:26:45.3) | t1 (0:03:58.6) | bike (1:11:43.3) | t2 (0:01:02.9) | run (0:58:30.6) | | | |
| 290 | Pekema, Christopher | Tacoma, WA | 35 | M | 2:42:15.8 | 28 | 140 | 171 |
| | swim (0:27:46.4) | t1 (0:02:08.2) | bike (1:14:50.6) | t2 (0:00:55.3) | run (0:56:35.2) | | | |
| 428 | Muck, David | Cameron Park, CA | 37 | M | 2:42:24.5 | 29 | 142 | 173 |
| | swim (0:34:23.6) | t1 (0:02:32.4) | bike (1:10:46.7) | t2 (0:01:28.8) | run (0:51:12.8) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 197 | Kates, Adam | Menlo Park, CA | 37 | M | 2:45:12.6 | 30 | 157 | 193 |
| | swim (0:34:25.2) | t1 (0:02:05.2) | bike (1:18:03.0) | t2 (0:01:17.4) | run (0:49:21.5) | | | |
| 148 | Gouldy, Jared | Novato, CA | 37 | M | 2:45:40.6 | 31 | 159 | 195 |
| | swim (0:33:30.0) | t1 (0:01:39.5) | bike (1:12:48.9) | t2 (0:00:57.3) | run (0:56:44.7) | | | |
| 356 | Speed, Matt | Roseville, CA | 37 | M | 2:45:50.5 | 32 | 160 | 197 |
| | swim (0:33:08.7) | t1 (0:02:18.6) | bike (1:12:11.9) | t2 (0:01:04.5) | run (0:57:06.5) | | | |
| 129 | Fuchs, Mario | San Carlos, CA | 39 | M | 2:47:41.8 | 33 | 164 | 205 |
| | swim (0:34:49.3) | t1 (0:03:15.0) | bike (1:14:29.2) | t2 (0:01:44.4) | run (0:53:23.6) | | | |
| 111 | Dotson, Brian | Elk Grove, CA | 38 | M | 2:48:09.2 | 34 | 165 | 206 |
| | swim (0:33:13.4) | t1 (0:02:44.9) | bike (1:16:18.0) | t2 (0:02:02.2) | run (0:53:50.4) | | | |
| 167 | Hocom, Stefan | Corralitos, CA | 39 | M | 2:48:13.7 | 35 | 167 | 208 |
| | swim (0:34:03.4) | t1 (0:02:04.9) | bike (1:16:40.7) | t2 (0:01:14.1) | run (0:54:10.3) | | | |
| 69 | Carretero, Fermin | San Jose, CA | 38 | M | 2:49:35.8 | 36 | 174 | 218 |
| | swim (0:28:33.6) | t1 (0:04:31.1) | bike (1:19:36.1) | t2 (0:02:18.0) | run (0:54:36.8) | | | |
| 70 | Carretero, Ignacio | San Jose, CA | 37 | M | 2:49:35.8 | 37 | 175 | 219 |
| | swim (0:28:34.6) | t1 (0:04:32.1) | bike (1:19:38.4) | t2 (0:02:13.5) | run (0:54:37.0) | | | |
| 382 | Valentine, Michael | Livermore, CA | 38 | M | 2:52:30.3 | 38 | 183 | 232 |
| | swim (0:33:39.1) | t1 (0:04:06.7) | bike (1:16:45.4) | t2 (0:01:43.3) | run (0:56:15.6) | | | |
| 343 | Shafer, Brad | San Carlos, CA | 39 | M | 2:55:44.6 | 39 | 190 | 245 |
| | swim (0:40:30.3) | t1 (0:03:26.2) | bike (1:11:24.9) | t2 (0:01:42.5) | run (0:58:40.7) | | | |
| 174 | Holloway, David | Auburn, CA | 37 | M | 2:56:16.2 | 40 | 194 | 249 |
| | swim (--) | t1 (0:41:55.0) | bike (1:17:41.3) | t2 (0:02:09.7) | run (0:54:30.0) | | | |
| 361 | Stegge, Bradford | Concord, CA | 36 | M | 2:56:16.5 | 41 | 195 | 250 |
| | swim (0:35:14.6) | t1 (0:03:22.3) | bike (1:22:40.0) | t2 (0:01:48.9) | run (0:53:10.5) | | | |
| 119 | Evans, John | El Dorado Hills, CA | 38 | M | 2:58:12.6 | 42 | 199 | 255 |
| | swim (0:33:33.7) | t1 (0:02:51.0) | bike (1:23:46.2) | t2 (0:01:42.0) | run (0:56:19.6) | | | |
| 319 | Romero, Ryan | Folsom, CA | 38 | M | 3:01:46.4 | 43 | 209 | 271 |
| | swim (0:32:36.4) | t1 (0:04:25.0) | bike (1:16:29.0) | t2 (0:02:02.8) | run (1:06:13.0) | | | |
| 391 | Whitmore, Samuel | Sacramento, CA | 36 | M | 3:01:55.6 | 44 | 210 | 272 |
| | swim (0:33:26.7) | t1 (0:04:13.5) | bike (1:21:14.9) | t2 (0:01:11.1) | run (1:01:49.3) | | | |
| 147 | Goodin, Matthew | Menlo Park, CA | 37 | M | 3:06:28.0 | 45 | 218 | 287 |
| | swim (0:36:28.1) | t1 (0:05:33.9) | bike (1:20:21.3) | t2 (0:03:23.1) | run (1:00:41.3) | | | |
| 149 | Graf, Nick | Culver City, CA | 38 | M | 3:07:45.7 | 46 | 219 | 291 |
| | swim (0:32:35.4) | t1 (0:03:08.7) | bike (1:20:16.0) | t2 (0:02:44.4) | run (1:09:01.0) | | | |
| 401 | Wood, Joel | San Francisoc, CA | 36 | M | 3:09:58.9 | 47 | 225 | 298 |
| | swim (0:40:41.3) | t1 (0:04:54.6) | bike (1:20:29.8) | t2 (0:01:55.4) | run (1:01:57.5) | | | |
| 24 | Bach, Bryan | Livermore, CA | 37 | M | 3:17:45.7 | 48 | 229 | 312 |
| | swim (0:26:00.6) | t1 (0:02:19.8) | bike (1:28:01.6) | t2 (0:01:25.5) | run (1:19:58.0) | | | |

Individual M35-39

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|---|------------|------------|---------------|-----------|-----------|-----------|
| 91 | Coleman-Nakai, Joel swim (0:41:51.7) t1 (0:06:27.2) | Napa, CA bike (1:48:23.4) t2 (0:02:53.7) | 36 | M | 3:35:55.6 | 49 | 238 | 337 |
| 368 | Swain, Jason swim (0:32:22.5) t1 (0:03:16.1) | Sacramento, CA bike (2:00:33.3) t2 (0:02:21.1) | 38 | M | 3:57:38.4 | 50 | 242 | 347 |
| 63 | Campi, Joseph swim (0:33:13.8) t1 (0:03:08.7) | San Jose, CA bike (--) t2 (--) | 38 | M | -- | -- | -- | -- |

Individual M40-44

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|---------------------|--------------------|------------------|-------------------|----|-----|-----|
| 95 | Cook, Greg | Folsom, CA | 41 | M | 2:04:40.9 | 1 | 13 | 13 |
| | swim (0:21:19.2) | t1 (0:01:39.5) | bike (0:57:39.9) | t2 (0:00:58.6) | run (0:43:03.6) | | | |
| 305 | Raugewitz, Chad Raugewit | Ukiah, CA | 41 | M | 2:05:45.3 | 2 | 15 | 15 |
| | swim (0:23:57.1) | t1 (0:01:14.2) | bike (1:01:07.7) | t2 (0:01:00.7) | run (0:38:25.4) | | | |
| 439 | Osen, Kevin | El Dorado Hills, CA | 40 | M | 2:09:57.8 | 3 | 23 | 23 |
| | swim (0:22:17.7) | t1 (0:01:29.2) | bike (1:02:53.8) | t2 (0:00:56.4) | run (0:42:20.5) | | | |
| 46 | Brock, Bryan | Sacramento, CA | 40 | M | 2:12:52.8 | 4 | 27 | 28 |
| | swim (0:22:14.9) | t1 (0:02:08.2) | bike (1:04:14.8) | t2 (0:01:01.9) | run (0:43:12.8) | | | |
| 423 | Baxter, Brian | Rocklin, CA | 41 | M | 2:16:29.4 | 5 | 39 | 44 |
| | swim (0:26:35.0) | t1 (0:02:06.6) | bike (1:04:11.7) | t2 (0:01:20.5) | run (0:42:15.4) | | | |
| 121 | Farley, Jeff | Rancho Cordova, CA | 41 | M | 2:18:03.1 | 6 | 44 | 49 |
| | swim (0:23:10.8) | t1 (0:02:09.1) | bike (1:05:13.2) | t2 (0:01:12.2) | run (0:46:17.5) | | | |
| 201 | Kelley, Jeff | Crystal Bay, NV | 41 | M | 2:19:52.8 | 7 | 52 | 57 |
| | swim (0:29:45.3) | t1 (0:01:28.4) | bike (1:04:27.5) | t2 (0:00:45.9) | run (0:43:25.4) | | | |
| 31 | Baxter, Bill | Seaside, CA | 44 | M | 2:21:00.1 | 8 | 57 | 62 |
| | swim (0:26:01.1) | t1 (0:02:48.4) | bike (1:04:26.4) | t2 (0:01:10.8) | run (0:44:33.2) | | | |
| | Penalty: Draughting 5.10(a) (-0:02:00.0) | | | | | | | |
| 278 | Nguyen, Quang | Fremont, CA | 40 | M | 2:21:11.1 | 9 | 58 | 63 |
| | swim (0:24:43.9) | t1 (0:02:17.0) | bike (1:06:09.9) | t2 (0:00:45.5) | run (0:47:14.6) | | | |
| 117 | Dworkin, Jimmy | Mountain View, CA | 42 | M | 2:22:41.4 | 10 | 60 | 65 |
| | swim (0:22:42.3) | t1 (0:01:50.0) | bike (1:07:54.4) | t2 (0:01:08.1) | run (0:49:06.4) | | | |
| 362 | Stella, Michael | Pleasanton, CA | 44 | M | 2:24:55.2 | 11 | 66 | 73 |
| | swim (0:29:13.1) | t1 (0:02:18.2) | bike (1:07:58.4) | t2 (0:01:18.5) | run (0:44:06.7) | | | |
| 137 | Georgitsis, Andrew | Los Gatos, CA | 40 | M | 2:25:45.8 | 12 | 68 | 76 |
| | swim (0:21:10.2) | t1 (0:03:01.5) | bike (1:07:20.2) | t2 (0:01:24.3) | run (0:52:49.4) | | | |
| 67 | Carozza, Frank | Martinez, CA | 41 | M | 2:26:48.3 | 13 | 71 | 79 |
| | swim (0:29:36.9) | t1 (0:01:40.8) | bike (1:10:45.7) | t2 (0:01:22.4) | run (0:43:22.3) | | | |
| 168 | Hoffart, Vincent | Rocklin, CA | 43 | M | 2:28:43.0 | 14 | 78 | 88 |
| | swim (0:29:09.1) | t1 (0:02:25.1) | bike (1:02:55.2) | t2 (0:01:44.8) | run (0:52:28.6) | | | |
| 155 | Green, Wesley | Clovis, CA | 41 | M | 2:28:48.3 | 15 | 80 | 90 |
| | swim (0:28:03.6) | t1 (0:01:45.3) | bike (1:07:32.4) | t2 (0:01:30.6) | run (0:49:56.3) | | | |
| 71 | Cassayre, Matthew | Roseville, CA | 40 | M | 2:29:19.6 | 16 | 83 | 94 |
| | swim (0:29:36.5) | t1 (0:02:09.1) | bike (1:07:58.5) | t2 (0:01:17.1) | run (0:48:18.2) | | | |
| 47 | Brockman, Daniel | ROCKLIN, CA | 44 | M | 2:29:23.1 | 17 | 84 | 95 |
| | swim (0:29:41.2) | t1 (0:03:38.9) | bike (1:07:42.6) | t2 (0:00:49.7) | run (0:45:30.5) | | | |
| | Penalty: Position 5.10(f) (-0:02:00.0) | | | | | | | |
| 33 | Bernstein, Javan | Foster City, CA | 43 | M | 2:29:49.7 | 18 | 87 | 98 |
| | swim (0:31:51.3) | t1 (0:01:28.5) | bike (1:09:40.7) | t2 (0:01:00.7) | run (0:45:48.3) | | | |
| 400 | Wood, David | Santa Rosa, CA | 43 | M | 2:30:32.8 | 19 | 94 | 105 |
| | swim (0:29:32.1) | t1 (0:02:02.8) | bike (1:08:31.8) | t2 (0:01:16.6) | run (0:49:09.3) | | | |
| 190 | Jervis, Vincent | walnut creek, CA | 42 | M | 2:32:11.2 | 20 | 100 | 113 |
| | swim (0:28:29.2) | t1 (0:03:06.6) | bike (1:06:29.0) | t2 (0:01:38.2) | run (0:52:27.9) | | | |
| 140 | Gesell, Charlie | santa Rosa, CA | 43 | M | 2:32:18.7 | 21 | 101 | 115 |
| | swim (0:30:31.9) | t1 (0:03:59.2) | bike (1:06:55.2) | t2 (0:01:33.9) | run (0:49:18.3) | | | |
| 199 | Kauffman, Jeffrey | Carmichael, CA | 42 | M | 2:32:48.8 | 22 | 106 | 122 |
| | swim (0:36:38.2) | t1 (0:02:52.8) | bike (1:08:30.4) | t2 (0:01:56.4) | run (0:42:50.7) | | | |
| 181 | Hunter, Richard | Folsom, CA | 42 | M | 2:33:16.7 | 23 | 107 | 123 |
| | swim (0:31:02.8) | t1 (0:04:04.5) | bike (1:05:26.9) | t2 (0:02:28.0) | run (0:50:14.3) | | | |

Individual M40-44

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|---------------------|--------------------|------------------|-------------------|----|-----|-----|
| 159 | Harris, Craig | Elk Grove, CA | 40 | M | 2:34:49.5 | 24 | 110 | 128 |
| | swim (0:26:00.0) | t1 (0:03:43.6) | bike (1:12:26.9) | t2 (0:01:28.6) | run (0:51:10.1) | | | |
| 198 | Kates, Dan | Truckee, CA | 41 | M | 2:35:00.2 | 25 | 113 | 131 |
| | swim (0:26:50.0) | t1 (0:02:52.3) | bike (1:16:42.1) | t2 (0:01:26.3) | run (0:47:09.3) | | | |
| 65 | Capps, Alan | Sacramento, CA | 43 | M | 2:36:35.4 | 26 | 119 | 139 |
| | swim (0:26:01.9) | t1 (0:02:26.8) | bike (1:13:01.4) | t2 (0:02:07.2) | run (0:52:58.0) | | | |
| 160 | Hashim, Isa | Cupertino, CA | 44 | M | 2:37:36.8 | 27 | 124 | 145 |
| | swim (0:31:55.0) | t1 (0:02:32.5) | bike (1:11:31.5) | t2 (0:01:09.6) | run (0:50:28.0) | | | |
| 287 | Osborn, Robert | Sacramento, CA | 43 | M | 2:40:04.9 | 28 | 131 | 156 |
| | swim (0:29:00.3) | t1 (0:03:20.0) | bike (1:16:05.7) | t2 (0:01:42.5) | run (0:49:56.1) | | | |
| 122 | Farrell, Michael | Sacramento, CA | 43 | M | 2:41:16.4 | 29 | 137 | 165 |
| | swim (0:30:19.2) | t1 (0:04:13.1) | bike (1:18:52.2) | t2 (0:02:28.1) | run (0:45:23.6) | | | |
| 50 | Broussard, Daniel | Elk Grove, CA | 43 | M | 2:44:00.9 | 30 | 149 | 183 |
| | swim (0:27:43.1) | t1 (0:02:37.4) | bike (1:09:20.5) | t2 (0:01:10.2) | run (1:01:09.5) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 337 | Schutt, Jens | Belmont, CA | 40 | M | 2:44:11.3 | 31 | 151 | 186 |
| | swim (0:36:21.6) | t1 (0:05:26.7) | bike (1:07:50.5) | t2 (0:01:19.1) | run (0:53:13.3) | | | |
| 369 | Swain, Larry | Mountain View, CA | 42 | M | 2:50:50.0 | 32 | 177 | 222 |
| | swim (0:34:40.2) | t1 (0:02:38.6) | bike (1:13:15.4) | t2 (0:01:34.7) | run (0:58:40.9) | | | |
| 153 | Gray, Owen | San Rafael , CA | 44 | M | 2:55:53.0 | 33 | 191 | 246 |
| | swim (0:31:56.3) | t1 (0:03:27.8) | bike (1:17:54.1) | t2 (0:01:29.0) | run (1:01:05.7) | | | |
| 83 | Chipp, Mat | Loomis, CA | 42 | M | 3:00:52.4 | 34 | 204 | 265 |
| | swim (0:39:49.8) | t1 (0:04:03.3) | bike (1:17:56.7) | t2 (0:01:56.8) | run (0:57:05.6) | | | |
| 139 | Germanos, Mark | El Dorado Hills, CA | 42 | M | 3:01:18.7 | 35 | 207 | 268 |
| | swim (0:43:39.3) | t1 (0:02:59.2) | bike (--) | t2 (1:19:03.0) | run (0:55:37.0) | | | |
| 11 | Aldrich, Keith | Folsom, CA | 41 | M | 3:05:33.3 | 36 | 217 | 284 |
| | swim (0:30:07.3) | t1 (0:05:45.8) | bike (1:21:42.9) | t2 (0:05:13.6) | run (1:02:43.5) | | | |
| 39 | Bouldin, Alan | Roseville, CA | 43 | M | 3:08:02.7 | 37 | 220 | 292 |
| | swim (0:34:50.8) | t1 (0:03:34.0) | bike (1:17:19.1) | t2 (0:01:59.8) | run (1:10:18.9) | | | |
| 142 | Girardi, Andrew | San Jose, CA | 42 | M | 3:08:22.7 | 38 | 221 | 293 |
| | swim (0:37:46.9) | t1 (0:03:41.2) | bike (--) | t2 (1:26:08.8) | run (1:00:45.7) | | | |
| 302 | Priest, Allan | El Dorado Hills, CA | 42 | M | 3:19:22.3 | 39 | 230 | 313 |
| | swim (0:40:57.3) | t1 (0:03:26.9) | bike (1:28:51.1) | t2 (0:02:47.8) | run (1:03:19.1) | | | |
| 383 | Vartanian, Gerald | San Jose, CA | 40 | M | 3:20:17.4 | 40 | 231 | 315 |
| | swim (0:45:25.4) | t1 (0:02:02.1) | bike (1:36:17.4) | t2 (0:01:14.5) | run (0:55:17.6) | | | |
| 262 | Milburn, Troy | Granite Bay, CA | 41 | M | 3:25:10.5 | 41 | 234 | 325 |
| | swim (0:46:19.7) | t1 (0:03:06.3) | bike (1:23:19.4) | t2 (0:02:18.7) | run (1:10:06.2) | | | |
| 16 | Aring, Jonathan | Folsom, CA | 41 | M | 3:31:58.2 | 42 | 237 | 333 |
| | swim (0:52:30.4) | t1 (0:03:30.0) | bike (1:30:37.2) | t2 (0:01:11.6) | run (1:04:08.9) | | | |
| 86 | Clay, Andrew | Sacramento, CA | 42 | M | 3:44:58.6 | 43 | 240 | 344 |
| | swim (0:41:20.6) | t1 (0:05:22.4) | bike (1:34:04.9) | t2 (0:04:09.7) | run (1:20:00.8) | | | |
| 384 | Walker, Dan | Sunnyvale, CA | 40 | M | 4:20:44.3 | 44 | 243 | 354 |
| | swim (0:29:45.6) | t1 (0:05:16.2) | bike (2:25:52.3) | t2 (0:03:26.2) | run (1:16:23.8) | | | |

Individual M45-49

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|---|--|-----|-----|-----------|----|-----|-----|
| 388 | Welch, Kyle swim (0:21:20.3) t1 (0:00:57.8) | Sunnyvale, CA bike (0:57:58.8) t2 (0:00:39.6) | 48 | M | 1:58:32.1 | 1 | 2 | 2 |
| 275 | Murphy, John swim (0:21:15.5) t1 (0:00:55.7) | Napa, CA bike (0:58:04.0) t2 (0:00:40.5) | 45 | M | 1:59:35.8 | 2 | 3 | 3 |
| 62 | Campbell, Jason swim (0:20:39.1) t1 (0:01:01.7) | Oakland, CA bike (0:59:48.6) t2 (0:00:54.2) | 48 | M | 2:02:57.5 | 3 | 7 | 7 |
| 173 | Hollinger, John swim (0:23:53.6) t1 (0:01:10.9) | Clayton, CA bike (1:00:16.7) t2 (0:00:54.4) | 45 | M | 2:07:26.8 | 4 | 17 | 17 |
| 224 | Leighton, Brian swim (0:23:32.3) t1 (0:01:30.1) | El Dorado Hills, CA bike (1:00:06.9) t2 (0:01:01.3) | 48 | M | 2:13:51.9 | 5 | 29 | 30 |
| 186 | Jager, Anton swim (0:26:05.0) t1 (0:01:36.9) | San Carlos, CA bike (1:02:50.9) t2 (0:01:05.6) | 47 | M | 2:14:04.0 | 6 | 31 | 32 |
| 376 | Tottle, Tim swim (0:25:37.3) t1 (0:01:57.9) | martinez, CA bike (1:06:13.5) t2 (0:01:32.5) | 48 | M | 2:18:36.3 | 7 | 48 | 53 |
| 143 | Glynn, Tom swim (0:32:39.6) t1 (0:03:36.7) | Danville, CA bike (1:04:15.0) t2 (0:01:25.5) | 48 | M | 2:23:24.4 | 8 | 62 | 68 |
| 399 | Wiseth, Garret swim (0:25:10.8) t1 (0:01:57.1) | San Jose, CA bike (1:08:02.4) t2 (0:01:11.0) | 46 | M | 2:26:50.4 | 9 | 72 | 80 |
| 194 | Jones, Vance swim (0:31:05.2) t1 (0:02:09.4) | Oakland, CA bike (1:07:20.2) t2 (0:01:57.4) | 48 | M | 2:27:36.9 | 10 | 74 | 82 |
| 85 | Christensen, James swim (0:28:34.5) t1 (0:03:37.9) | Elk Grove, CA bike (1:17:36.7) t2 (0:01:51.4) | 45 | M | 2:40:51.0 | 11 | 134 | 161 |
| 359 | Stark, John swim (0:27:40.2) t1 (0:03:07.7) | Danville, CA bike (1:10:48.8) t2 (0:02:09.2) | 45 | M | 2:43:12.2 | 12 | 145 | 177 |
| 107 | Dexter, Doug swim (0:28:56.6) t1 (0:01:48.4) | Ross, CA bike (1:13:25.7) t2 (0:01:12.3) | 49 | M | 2:43:32.1 | 13 | 147 | 179 |
| 408 | Yurkovic, David swim (0:30:55.2) t1 (0:03:52.8) | San Francisco, CA bike (1:15:37.1) t2 (0:01:23.8) | 49 | M | 2:44:29.0 | 14 | 154 | 189 |
| 360 | Steber, Brian swim (0:31:00.6) t1 (0:03:25.4) | Sausalito, CA bike (1:14:47.3) t2 (0:01:24.1) | 45 | M | 2:45:40.0 | 15 | 158 | 194 |
| 258 | Mcmichael, Tod swim (0:30:53.7) t1 (0:02:36.7) | Alamo, CA bike (1:17:38.3) t2 (0:01:17.7) | 45 | M | 2:46:09.8 | 16 | 161 | 199 |
| 103 | Davies, Tony swim (0:35:15.9) t1 (0:02:19.3) | San Jose, CA bike (1:17:53.4) t2 (0:01:48.3) | 45 | M | 2:47:05.0 | 17 | 162 | 202 |
| 405 | Young, Conrad swim (0:35:28.8) t1 (0:02:37.4) | sunnyvale, CA bike (1:12:55.4) t2 (0:01:28.6) | 49 | M | 2:48:09.6 | 18 | 166 | 207 |
| 35 | Berton, Fernando swim (0:33:57.2) t1 (0:03:10.4) | Sacramento, CA bike (1:16:34.1) t2 (0:01:23.0) | 48 | M | 2:50:03.1 | 19 | 176 | 220 |
| 118 | Eckstein, Tom swim (0:33:35.6) t1 (0:04:51.1) | Walnut Creek, CA bike (1:16:43.4) t2 (0:01:39.5) | 45 | M | 2:52:18.8 | 20 | 182 | 231 |
| 329 | Sanders, Marcus swim (0:32:26.6) t1 (0:03:04.9) | Lincoln, CA bike (1:15:08.2) t2 (0:01:51.7) | 47 | M | 2:53:08.3 | 21 | 185 | 234 |
| 419 | Tung, Emil swim (0:33:48.0) t1 (0:04:28.9) | Folsom, CA bike (1:17:29.6) t2 (0:02:25.1) | 48 | M | 2:53:42.2 | 22 | 187 | 237 |
| 170 | Hoffman, Ted swim (0:27:42.4) t1 (0:03:55.9) | Alameda, CA bike (1:20:37.9) t2 (0:02:13.4) | 48 | M | 2:53:49.9 | 23 | 188 | 238 |
| 308 | Rendleman, Jesse swim (0:35:08.3) t1 (0:04:33.3) | San Jose, CA bike (1:16:59.2) t2 (0:01:27.9) | 45 | M | 2:56:28.9 | 24 | 196 | 252 |

Individual M45-49

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|---|------------|------------|---------------|-----------|-----------|-----------|
| 75 | Chatoff, Louis swim (0:35:03.4) t1 (0:02:57.6) | Walnut Creek, CA bike (1:16:13.4) t2 (0:01:41.9) | 47 | M | 3:01:22.8 | 25 | 208 | 269 |
| 34 | Berrigan, Mike swim (--) t1 (0:40:22.1) | Pleasanton, CA bike (1:19:42.3) t2 (0:02:22.0) | 48 | M | 3:02:40.4 | 26 | 212 | 275 |
| 232 | Lu, Danny swim (0:43:40.0) t1 (0:06:56.6) | Fremont, CA bike (1:20:49.0) t2 (0:02:40.5) | 45 | M | 3:05:03.7 | 27 | 215 | 282 |
| 184 | Ivie, Brian swim (0:36:19.5) t1 (0:02:52.0) | Granite Bay, CA bike (1:16:18.0) t2 (0:01:58.2) | 49 | M | 3:08:44.8 | 28 | 223 | 295 |
| 206 | King, John swim (0:32:45.0) t1 (0:04:02.7) | Palo Alto, CA bike (1:21:19.1) t2 (0:01:34.9) | 47 | M | 3:08:51.7 | 29 | 224 | 296 |
| 80 | Chen, George swim (0:37:08.3) t1 (0:07:42.9) | Fair Oaks, CA bike (1:28:27.0) t2 (0:03:27.1) | 47 | M | 3:16:39.4 | 30 | 226 | 309 |
| 144 | Gnitecki, Arthur swim (0:41:57.2) t1 (0:03:17.8) | Oakland, CA bike (1:26:19.0) t2 (0:01:42.6) | 49 | M | 3:20:35.7 | 31 | 232 | 316 |

Individual M50-54

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|---------------------|--------------------|------------------|-------------------|----|-----|-----|
| 78 | Chavez, Steven | San Ramon, CA | 52 | M | 2:08:00.1 | 1 | 18 | 18 |
| | swim (0:24:06.2) | t1 (0:01:14.2) | bike (1:02:16.1) | t2 (0:00:54.5) | run (0:39:28.9) | | | |
| 255 | Mckee, Mark | san francisco, CA | 52 | M | 2:16:09.1 | 2 | 36 | 40 |
| | swim (0:25:42.7) | t1 (0:01:56.3) | bike (1:04:30.3) | t2 (0:01:06.6) | run (0:42:52.9) | | | |
| 375 | Toland, Michael | Bakersfiled, CA | 53 | M | 2:18:00.4 | 3 | 43 | 48 |
| | swim (0:23:11.7) | t1 (0:01:48.9) | bike (1:02:36.6) | t2 (0:01:07.8) | run (0:47:15.2) | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 417 | Leininger, Jean-Marc | Winters, CA | 54 | M | 2:24:13.8 | 4 | 65 | 72 |
| | swim (0:25:08.8) | t1 (0:01:49.9) | bike (1:06:16.3) | t2 (0:01:22.3) | run (0:49:36.3) | | | |
| 257 | Mckernan, Mike | Fair Oaks, CA | 52 | M | 2:32:45.0 | 5 | 105 | 121 |
| | swim (0:31:08.8) | t1 (0:01:42.5) | bike (1:11:56.5) | t2 (0:01:01.1) | run (0:46:56.0) | | | |
| 51 | Brown, Dan | Gilroy, CA | 50 | M | 2:34:27.0 | 6 | 109 | 126 |
| | swim (0:21:26.4) | t1 (0:03:40.4) | bike (1:15:09.1) | t2 (0:01:48.4) | run (0:52:22.5) | | | |
| 395 | Wilner, Lee | everett, WA | 51 | M | 2:41:09.8 | 7 | 136 | 164 |
| | swim (0:30:43.0) | t1 (0:01:36.8) | bike (1:13:37.5) | t2 (0:01:22.4) | run (0:53:50.0) | | | |
| 348 | Silewicz, Thomas | Rohnert Park, CA | 53 | M | 2:44:05.0 | 8 | 150 | 184 |
| | swim (0:34:33.9) | t1 (0:02:59.6) | bike (1:09:28.2) | t2 (0:01:38.4) | run (0:55:24.7) | | | |
| 248 | Mcarthur, Michael | San Jose, CA | 53 | M | 2:48:16.2 | 9 | 168 | 209 |
| | swim (0:26:05.1) | t1 (0:02:38.6) | bike (1:15:40.2) | t2 (0:01:29.2) | run (1:02:22.8) | | | |
| 294 | Peterson, Jim | Sacramento, CA | 52 | M | 2:49:29.5 | 10 | 173 | 217 |
| | swim (0:39:40.1) | t1 (0:03:00.1) | bike (1:14:50.4) | t2 (0:02:03.0) | run (0:49:55.8) | | | |
| 192 | Johnston, Troy | Winters, CA | 50 | M | 2:55:32.1 | 11 | 189 | 244 |
| | swim (0:30:48.6) | t1 (0:02:38.9) | bike (1:17:49.5) | t2 (0:01:55.9) | run (1:02:19.0) | | | |
| 284 | Oaks, Stephen | Reno, NV | 53 | M | 2:58:00.2 | 12 | 198 | 254 |
| | swim (0:36:45.5) | t1 (0:05:30.8) | bike (1:23:32.7) | t2 (0:02:01.1) | run (0:50:09.8) | | | |
| 366 | Strutz, Jim | folsom, CA | 50 | M | 2:58:53.7 | 13 | 202 | 260 |
| | swim (0:32:43.5) | t1 (0:03:36.9) | bike (1:21:05.3) | t2 (0:01:16.4) | run (0:58:11.4) | | | |
| | Penalty: Abandoned Equip/Littering 3.4(h) (-0:02:00.0) | | | | | | | |
| 274 | Morgan, Scott | Novato, CA | 50 | M | 3:02:50.1 | 14 | 213 | 276 |
| | swim (0:30:29.3) | t1 (0:04:50.8) | bike (1:22:41.2) | t2 (0:02:46.1) | run (1:02:02.5) | | | |
| 347 | Shumrak, Stephen | El Dorado Hills, CA | 54 | M | 3:17:26.1 | 15 | 228 | 311 |
| | swim (0:37:14.4) | t1 (0:05:05.9) | bike (1:27:23.7) | t2 (0:02:41.3) | run (1:05:00.6) | | | |
| 19 | Aune, Wayne | dublin, CA | 51 | M | 4:43:15.2 | 16 | 244 | 358 |
| | swim (0:46:09.0) | t1 (0:07:14.0) | bike (1:56:37.9) | t2 (0:03:07.6) | run (1:50:06.5) | | | |
| 44 | Brink, John | Sacramento, CA | 52 | M | -- | -- | -- | -- |
| | swim (0:27:57.9) | t1 (0:02:24.7) | bike (1:12:46.3) | t2 (0:01:54.8) | run (--) | | | |

Individual M55-59

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|-------------------------------------|-----|-------------------|-----------|----|-----|-----|
| 48 | Brockus, Charlie | Reno, NV | 58 | M | 2:15:09.2 | 1 | 35 | 36 |
| | swim (0:23:58.3) t1 (0:01:52.8) | bike (1:04:00.4) t2 (0:00:54.7) | | run (0:44:22.8) | | | | |
| 365 | Stroud, John | FOLSOM, CA | 55 | M | 2:22:52.4 | 2 | 61 | 66 |
| | swim (0:27:09.4) t1 (0:01:53.1) | bike (1:06:15.6) t2 (0:02:04.9) | | run (0:45:29.1) | | | | |
| 394 | Williams, Ron | San Jose, CA | 56 | M | 2:30:07.9 | 3 | 92 | 103 |
| | swim (0:26:43.7) t1 (0:02:40.2) | bike (1:09:33.1) t2 (0:01:20.4) | | run (0:47:50.2) | | | | |
| | Penalty: Drafting 5.10(a) (-0:02:00.0) | | | | | | | |
| 261 | Mellor, Ron | Placerville, CA | 57 | M | 2:31:09.2 | 4 | 97 | 108 |
| | swim (0:27:56.9) t1 (0:04:01.7) | bike (1:09:51.5) t2 (0:01:22.8) | | run (0:47:56.0) | | | | |
| 207 | Kinsel, David | Fair Oaks, CA | 55 | M | 2:36:10.1 | 5 | 118 | 137 |
| | swim (0:25:15.1) t1 (0:02:36.5) | bike (1:13:31.9) t2 (0:01:19.0) | | run (0:53:27.4) | | | | |
| 310 | Reynolds, Stephen | Sacramento, CA | 55 | M | 2:39:24.8 | 6 | 127 | 151 |
| | swim (0:26:28.3) t1 (0:01:39.0) | bike (1:19:49.9) t2 (0:00:53.3) | | run (0:50:34.2) | | | | |
| 231 | Love, Mike | Danville, CA | 55 | M | 2:39:45.3 | 7 | 130 | 155 |
| | swim (0:28:54.3) t1 (0:02:11.8) | bike (1:13:06.2) t2 (0:01:22.9) | | run (0:54:10.0) | | | | |
| 220 | Lavagnino, Luis | San Francisco, CA | 58 | M | 2:44:15.5 | 8 | 152 | 187 |
| | swim (0:34:45.3) t1 (0:02:38.3) | bike (1:16:08.7) t2 (0:01:18.0) | | run (0:49:25.0) | | | | |
| 131 | Funk, Robert | Applegate, CA | 59 | M | 2:44:48.8 | 9 | 156 | 191 |
| | swim (0:29:13.3) t1 (0:02:48.2) | bike (1:10:41.4) t2 (0:01:15.6) | | run (1:00:50.0) | | | | |
| 26 | Barbin, Richard | San Jose, CA | 58 | M | 2:51:50.1 | 10 | 181 | 229 |
| | swim (0:36:03.0) t1 (0:02:00.5) | bike (--) t2 (1:21:56.6) | | run (0:51:49.9) | | | | |
| 272 | Morgan, Jonathan | San Francisco, CA | 55 | M | 2:55:59.5 | 11 | 193 | 248 |
| | swim (0:26:41.9) t1 (0:03:19.3) | bike (1:15:02.5) t2 (0:02:26.4) | | run (1:08:29.3) | | | | |
| 92 | Collery, Michael | San Carlos, CA | 55 | M | 2:58:50.9 | 12 | 201 | 259 |
| | swim (0:23:05.0) t1 (0:03:23.0) | bike (1:21:18.3) t2 (0:01:18.3) | | run (1:09:46.1) | | | | |
| 151 | Grant, Tony | San Jose, CA | 57 | M | 3:00:01.5 | 13 | 203 | 262 |
| | swim (0:31:49.2) t1 (0:02:16.8) | bike (1:18:43.6) t2 (0:01:12.0) | | run (1:05:59.8) | | | | |
| 404 | Yeager, Ken | San Jose, CA | 57 | M | 3:22:38.0 | 14 | 233 | 320 |
| | swim (0:34:51.7) t1 (0:06:07.5) | bike (1:31:55.1) t2 (0:01:59.2) | | run (1:07:44.3) | | | | |

Individual M60-64

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|--|------------|------------|---------------|-----------|-----------|-----------|
| 254 | Mckee, Bobby swim (0:30:39.6) t1 (0:02:03.2) | La Selva Beach, CA bike (1:15:18.5) t2 (0:00:47.2) | 60 | M | 2:32:34.6 | 1 | 102 | 116 |
| 398 | Winn, Robert swim (0:29:32.2) t1 (0:03:57.6) | Carmel Valley, CA bike (1:19:57.7) t2 (0:01:30.2) | 64 | M | 2:52:32.7 | 2 | 184 | 233 |
| 324 | Rudd, Daniel swim (0:27:48.5) t1 (0:02:40.4) | El Dorado Hills, CA bike (1:19:21.3) t2 (0:01:37.3) | 62 | M | 2:58:46.4 | 3 | 200 | 258 |
| 234 | Lundberg, Alan swim (0:41:41.1) t1 (0:05:36.9) | sacramento, CA bike (--) t2 (1:17:58.6) | 63 | M | 3:03:43.1 | 4 | 214 | 277 |
| 8 | Aceituno, Tom swim (0:40:45.0) t1 (0:06:46.8) | Folsom, CA bike (1:29:59.6) t2 (0:05:41.4) | 60 | M | 3:44:28.0 | 5 | 239 | 343 |
| 22 | Axelrod, Les swim (0:35:33.9) t1 (0:05:14.3) | shingle springs, CA bike (1:44:53.6) t2 (--) | 62 | M | -- | -- | -- | -- |

Individual M65-69

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|---|------------|------------|---------------|-----------|-----------|-----------|
| 298 | Plant, Robert swim (0:28:11.0) t1 (0:02:05.0) | Woodside, CA bike (1:08:43.6) t2 (0:01:00.3) | 66 | M | 2:27:57.4 | 1 | 77 | 85 |
| 241 | Marshall, William swim (0:26:27.8) t1 (0:02:14.8) | santa rosa, CA bike (1:11:35.7) t2 (0:01:34.4) | 69 | M | 2:37:09.3 | 2 | 122 | 142 |
| 438 | Olson, Elias swim (0:27:29.7) t1 (0:02:34.2) | Mill Valley , CA bike (1:15:14.3) t2 (0:01:18.1) | 66 | M | 2:38:07.4 | 3 | 125 | 147 |
| 113 | Dressendorfer, Rudy swim (0:30:35.6) t1 (0:02:35.1) | Penryn, CA bike (1:15:54.8) t2 (0:01:38.3) | 66 | M | 2:42:46.8 | 4 | 143 | 175 |
| 98 | Craig, Jack swim (0:42:55.8) t1 (0:05:29.5) | Lincoln, CA bike (1:37:50.6) t2 (0:02:04.3) | 67 | M | 3:52:19.7 | 5 | 241 | 346 |

Mt Bike MAII

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|--|---|------------|------------|---------------|-----------|-----------|-----------|
| 374 | Timm, Carl swim (0:39:49.2) t1 (0:03:57.7) | Folsom, CA bike (1:21:23.6) t2 (0:01:02.3) | 43 | M | 2:54:04.3 | 1 | 1 | 1 |
| 276 | Neil, Rob swim (0:30:06.0) t1 (0:03:14.6) | Folsom, CA bike (1:24:35.3) t2 (0:01:00.7) | 38 | M | 2:54:06.3 | 2 | 2 | 2 |
| 266 | Mitchell, Michael swim (0:26:32.7) t1 (0:04:19.6) | Folsom, CA bike (1:34:40.3) t2 (0:02:28.4) | 40 | M | 3:14:52.0 | 3 | 3 | 3 |
| 36 | Biehl, Troy swim (0:39:45.5) t1 (0:04:04.9) | Folsom, CA bike (1:32:55.5) t2 (0:01:02.3) | 36 | M | 3:19:57.5 | 4 | 4 | 4 |

Relay FRelay

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|------------|---|---|------------|------------|---------------|-----------|-----------|-----------|
| 477 | Tomlin, Cori swim (0:41:27.9) t1 (0:01:24.1) | auburn, CA bike (1:25:59.1) t2 (0:00:32.3) | 38 | F | 3:09:37.4 | 1 | 1 | 17 |
| 477 | Stilwell, Deanna swim (0:41:27.9) t1 (0:01:24.1) | Auburn, CA bike (1:25:59.1) t2 (0:00:32.3) | 40 | F | 3:09:37.4 | 1 | 1 | 17 |
| 477 | Kelly, Christine swim (0:41:27.9) t1 (0:01:24.1) | Auburn, CA bike (1:25:59.1) t2 (0:00:32.3) | 0 | F | 3:09:37.4 | 1 | 1 | 17 |
| 475 | Serio, Nancy swim (0:36:18.4) t1 (0:00:46.5) | Belmont, CA bike (1:32:33.3) t2 (0:00:48.9) | 43 | F | 3:22:01.3 | 2 | 2 | 19 |
| 475 | Herbert, Erica swim (0:36:18.4) t1 (0:00:46.5) | Hillsborough, CA bike (1:32:33.3) t2 (0:00:48.9) | 39 | F | 3:22:01.3 | 2 | 2 | 19 |

Relay XRelay

| Bib | Name | City, State | Age | Gen | Finish | AG | OA | FO |
|-----|--|---|-----|-----|-----------|----|----|----|
| 472 | Canjura, Nick swim (0:28:55.9) t1 (0:00:55.0) | folsom, CA bike (1:11:37.2) t2 (0:00:35.9) | 41 | M | 2:25:20.7 | 1 | 1 | 3 |
| 472 | Fondale, Joelle swim (0:28:55.9) t1 (0:00:55.0) | Folsom, CA bike (1:11:37.2) t2 (0:00:35.9) | 43 | F | 2:25:20.7 | 1 | 1 | 3 |
| 472 | Zapata, Tony swim (0:28:55.9) t1 (0:00:55.0) | Rancho Cordova, CA bike (1:11:37.2) t2 (0:00:35.9) | 25 | M | 2:25:20.7 | 1 | 1 | 3 |
| 473 | Hemann, Lizzy swim (0:25:54.3) t1 (0:00:40.4) | Corte Madera, CA bike (1:14:37.2) t2 (0:00:26.3) | 13 | F | 2:30:41.6 | 2 | 2 | 6 |
| 473 | Karimi, Bijan swim (0:25:54.3) t1 (0:00:40.4) | Corte Madera, CA bike (1:14:37.2) t2 (0:00:26.3) | 37 | M | 2:30:41.6 | 2 | 2 | 6 |
| 473 | Cole, Derek swim (0:25:54.3) t1 (0:00:40.4) | bike (1:14:37.2) t2 (0:00:26.3) | 35 | M | 2:30:41.6 | 2 | 2 | 6 |
| 474 | Dames, Amanda swim (--) t1 (0:33:18.4) | Redwood City, CA bike (1:08:07.1) t2 (0:00:43.3) | 15 | F | 2:50:13.2 | 3 | 3 | 9 |
| 474 | Dames, Mark swim (--) t1 (0:33:18.4) | Redwood City, CA bike (1:08:07.1) t2 (0:00:43.3) | 51 | M | 2:50:13.2 | 3 | 3 | 9 |
| 474 | Dames, Lynn swim (--) t1 (0:33:18.4) | Redwood City, CA bike (1:08:07.1) t2 (0:00:43.3) | 48 | F | 2:50:13.2 | 3 | 3 | 9 |
| 476 | Martin, Peg swim (0:33:04.9) t1 (0:00:58.6) | Granite Bay, CA bike (1:32:55.5) t2 (0:00:45.4) | 44 | F | 3:04:22.1 | 4 | 4 | 12 |
| 476 | Ivie, Debi swim (0:33:04.9) t1 (0:00:58.6) | bike (1:32:55.5) t2 (0:00:45.4) | 51 | F | 3:04:22.1 | 4 | 4 | 12 |
| 476 | Martin, Frank swim (0:33:04.9) t1 (0:00:58.6) | bike (1:32:55.5) t2 (0:00:45.4) | 42 | M | 3:04:22.1 | 4 | 4 | 12 |
| 59 | Bussard, Robert swim (0:31:49.8) t1 (0:00:48.9) | Pleasant Hill, CA bike (1:30:53.9) t2 (0:00:42.5) | 42 | M | 3:07:38.9 | 5 | 5 | 14 |
| 59 | Brain, Rebecca swim (0:31:49.8) t1 (0:00:48.9) | Pleasant Hill, CA bike (1:30:53.9) t2 (0:00:42.5) | 48 | F | 3:07:38.9 | 5 | 5 | 14 |